

VI Meeting Internacional do Algarve  
2019 International Swimming Meeting of Algarve  
Albufeira , 09- -10-11-2019

Prova 32	Femin., 400m Livres					Absoluto
10-11-2019 - 18:20						Resultados Final
Rec Nac Absoluto	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17-12-2017	
Rec Nac Sen	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17-12-2017	
Rec Nac Jun17	4:10.52	HOLUB Tamila Hryhorivna	SCB	Porto	12-12-2015	
Rec Nac Jun16	4:13.53	SOUSA Ana Reis	CNLA	Porto	09-12-2017	
Rec Nac Juv A	4:18.39	SANTOS Ana Claudia	SFUAP	Cantanhede	20-12-2004	
Rec Nac Juv B	4:23.08	MIGUEL Susana Patricia	SFUAP	Alhandra	15-05-2004	
Rec Nac Inf A	4:25.30	SILVA Alexandra Maria	FCP	Porto	19-07-1980	
Rec Nac Inf B	4:38.40	RUIVO Filipa Vilas	DNMG	Alcobaça	13-06-2009	
Meet Rec	4:05.39	DURAES Diana Margarida	POR	Vila Real Stº Antonio	12-11-2016	

TAC : 5:03.50

Pontos: FINA 2019

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	FINA	Pts
<b>Final A</b>								
1.	DURAES Diana Margarida	96			Benfica	<b>4:11.57</b>	803	20,00
	50m: 30.25 30.25	150m: 1:34.66	32.17	250m: 2:38.10	31.29	350m: 3:40.53	31.31	
	100m: 1:02.49 32.24	200m: 2:06.81	32.15	300m: 3:09.22	31.12	400m: 4:11.57	31.04	
2.	GARZON SILES Marta	00			Louletano / Loule Concelhc	<b>4:16.58</b>	757	16,00
	50m: 30.32 30.32	150m: 1:35.09	32.39	250m: 2:39.76	32.34	350m: 3:45.04	32.68	
	100m: 1:02.70 32.38	200m: 2:07.42	32.33	300m: 3:12.36	32.60	400m: 4:16.58	31.54	
3.	MARTIN DE LA TORRE Gabriela	04			Andalucia	<b>4:16.75</b>	756	15,00
	50m: 30.27 30.27	150m: 1:35.31	32.69	250m: 2:39.43	31.83	350m: 3:45.32	33.31	
	100m: 1:02.62 32.35	200m: 2:07.60	32.29	300m: 3:12.01	32.58	400m: 4:16.75	31.43	
4.	CHEROUATI Souad Nefissa	89			Benfica	<b>4:22.18</b>	710	14,00
	50m: 31.22 31.22	150m: 1:37.10	33.10	250m: 2:43.45	33.10	350m: 3:49.90	33.29	
	100m: 1:04.00 32.78	200m: 2:10.35	33.25	300m: 3:16.61	33.16	400m: 4:22.18	32.28	
5.	ANDRE Leticia Maia	02			Benfica	<b>4:25.17</b>	686	13,00
	50m: 30.35 30.35	150m: 1:35.87	33.16	250m: 2:43.89	34.40	350m: 3:50.67	32.78	
	100m: 1:02.71 32.36	200m: 2:09.49	33.62	300m: 3:17.89	34.00	400m: 4:25.17	34.50	
6.	PIRES Marta Joao	05			Alges	<b>4:28.08</b>	664	12,00
	50m: 30.90 30.90	150m: 1:38.76	33.94	250m: 2:47.49	34.51	350m: 3:55.23	33.49	
	100m: 1:04.82 33.92	200m: 2:12.98	34.22	300m: 3:21.74	34.25	400m: 4:28.08	32.85	
7.	CONCEICAO Ema Jeronimo	03			Fisica Torres Vedras	<b>4:31.76</b>	637	11,00
	50m: 30.67 30.67	150m: 1:38.15	34.17	250m: 2:47.53	34.62	350m: 3:56.90	34.87	
	100m: 1:03.98 33.31	200m: 2:12.91	34.76	300m: 3:22.03	34.50	400m: 4:31.76	34.86	
8.	PINTO Mafalda Marques	02			Sporting	<b>4:34.28</b>	620	10,00
	50m: 29.97 29.97	150m: 1:37.63	34.44	250m: 2:48.98	35.79	350m: 3:59.96	35.45	
	100m: 1:03.19 33.22	200m: 2:13.19	35.56	300m: 3:24.51	35.53	400m: 4:34.28	34.32	
<b>Final B</b>								
9.	NOBRE Marisa Isabel	05			Columbofila Cantanhedens	<b>4:26.70</b>	674	9,00
	50m: 31.30 31.30	150m: 1:37.94	33.18	250m: 2:46.10	34.07	350m: 3:54.04	33.69	
	100m: 1:04.76 33.46	200m: 2:12.03	34.09	300m: 3:20.35	34.25	400m: 4:26.70	32.66	
10.	AMADOR Joana Costa	01			Galitos / Bresimar	<b>4:27.08</b>	671	8,00
	50m: 31.23 31.23	150m: 1:38.81	33.83	250m: 2:46.68	33.85	350m: 3:54.54	33.84	
	100m: 1:04.98 33.75	200m: 2:12.83	34.02	300m: 3:20.70	34.02	400m: 4:27.08	32.54	

**Organização**



**Parceiros**



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Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	FINA	Pts
11.	ROSA Mariana Carmo	05			Louzan Natacao/EFAPEL	<b>4:28.17</b>	663	7,00
	50m: 31.22 31.22	150m: 1:38.00	33.40	250m: 2:45.85	33.94	350m: 3:54.29	34.25	
	100m: 1:04.60 33.38	200m: 2:11.91	33.91	300m: 3:20.04	34.19	400m: 4:28.17	33.88	
12.	CARO JAENES Celia	02			Louletano / Loule Concelhc	<b>4:31.58</b>	639	6,00
	50m: 31.63 31.63	150m: 1:39.32	34.15	250m: 2:47.61	33.99	350m: 3:57.27	35.10	
	100m: 1:05.17 33.54	200m: 2:13.62	34.30	300m: 3:22.17	34.56	400m: 4:31.58	34.31	
13.	GOMEZ SANCHEZ Martina	05			Andalucia	<b>4:36.91</b>	602	5,00
	50m: 31.83 31.83	150m: 1:41.11	34.92	250m: 2:51.68	35.39	350m: 4:02.72	35.46	
	100m: 1:06.19 34.36	200m: 2:16.29	35.18	300m: 3:27.26	35.58	400m: 4:36.91	34.19	
14.	ROLAO Sofia Alexandra	98			Benfica	<b>4:37.09</b>	601	4,00
	50m: 31.54 31.54	150m: 1:40.37	34.70	250m: 2:51.39	35.69	350m: 4:03.22	35.51	
	100m: 1:05.67 34.13	200m: 2:15.70	35.33	300m: 3:27.71	36.32	400m: 4:37.09	33.87	
15.	MONTEIRO Margarida Cabral	02			Galitos / Bresimar	<b>4:37.86</b>	596	3,00
	50m: 31.48 31.48	150m: 1:39.97	34.73	250m: 2:50.87	35.58	350m: 4:02.66	35.92	
	100m: 1:05.24 33.76	200m: 2:15.29	35.32	300m: 3:26.74	35.87	400m: 4:37.86	35.20	
16.	FOMINA Anna	02			Louletano / Loule Concelhc	<b>4:41.02</b>	576	2,00
	50m: 31.35 31.35	150m: 1:40.19	34.75	250m: 2:51.80	36.10	350m: 4:04.54	36.56	
	100m: 1:05.44 34.09	200m: 2:15.70	35.51	300m: 3:27.98	36.18	400m: 4:41.02	36.48	

Organização



Parceiros

