Event 33 — Men, 400m Freestyle — Open
10-11-2019 - 18:30 — Results Finals

Rec Nac Open	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
Rec Nac Sen	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
Rec Nac Jun18	3:50.52	NIZ Adriano Miguel	CFV	Fafe	26-06-2004
Rec Nac Jun17	3:56.54	COSTA Rui Filipe	VSC	Feigueiras	24-11-2007
Rec Nac Juv A	3:59.31	SANTOS Joao Carlos	ANAM	Algés	08-07-2012
Rec Nac Juv B	4:02.41	RIBEIRO Diogo Matos	CUC	Lousã	23-06-2019
Rec Nac Inf A	4:12.35	RUIVO Andre Vilas	DNMG	Campo Maior	29-03-2014
Rec Nac Inf B	4:21.95	OLIVEIRA Pedro Fontoura	CFB	Santarém	04-04-2003
Meet Rec	3:47.11	CHACON MATEOS FRANCISCO Ja	ESP	Vila Real St. Antonio	04-11-2018

TAC : 4:30.00

Points: FINA 2019

Rank	Nome do nadador	YB	Classes	Cod Exc	Clube	Time	FINA	Pts

Final A

1. MOGNE Igor Araujo — 96 — Sporting — **3:54.59** — 740 — 20,00

50m:	27.33	27.33	150m:	1:26.80	30.14	250m:	2:26.84	29.77	350m:	3:25.88	29.27
100m:	56.66	29.33	200m:	1:57.07	30.27	300m:	2:56.61	29.77	400m:	3:54.59	28.71

2. RAMOS Bruno Miguel — 97 — Belenenses — **3:57.71** — 711 — 16,00

50m:	27.29	27.29	150m:	1:26.55	30.04	250m:	2:26.97	30.04	350m:	3:27.94	30.40
100m:	56.51	29.22	200m:	1:56.93	30.38	300m:	2:57.54	30.57	400m:	3:57.71	29.77

3. DE ONA RAMIREZ Angel — 02 — Andalucia — **3:59.03** — 700 — 15,00

50m:	27.52	27.52	150m:	1:27.62	30.36	250m:	2:28.55	30.35	350m:	3:29.39	30.39
100m:	57.26	29.74	200m:	1:58.20	30.58	300m:	2:59.00	30.45	400m:	3:59.03	29.64

4. GRANADO MARTIN Pablo — 04 — Andalucia — **4:01.09** — 682 — 14,00

50m:	27.67	27.67	150m:	1:27.69	30.33	250m:	2:29.04	30.61	350m:	3:30.92	31.10
100m:	57.36	29.69	200m:	1:58.43	30.74	300m:	2:59.82	30.78	400m:	4:01.09	30.17

5. DIAZ ROMERO Carlos — 01 — Mairena Aljarafe — **4:01.54** — 678 — 13,00

50m:	27.93	27.93	150m:	1:28.17	30.23	250m:	2:28.82	30.14	350m:	3:30.80	30.96
100m:	57.94	30.01	200m:	1:58.68	30.51	300m:	2:59.84	31.02	400m:	4:01.54	30.74

6. BASTOS Lucas Pereira — 00 — Nautico Academico — **4:10.41** — 608 — 12,00

50m:	28.57	28.57	150m:	1:31.50	31.67	250m:	2:34.85	31.41	350m:	3:38.74	32.19
100m:	59.83	31.26	200m:	2:03.44	31.94	300m:	3:06.55	31.70	400m:	4:10.41	31.67

7. GARACH BENITO Carlos — 04 — Andalucia — **4:15.55** — 572 — 11,00

50m:	28.48	28.48	150m:	1:32.64	32.62	250m:	2:38.79	33.21	350m:	3:43.62	32.43
100m:	1:00.02	31.54	200m:	2:05.58	32.94	300m:	3:11.19	32.40	400m:	4:15.55	31.93

8. SILVA Henrique Gomes — 02 — Estamos Juntos — **4:16.92** — 563 — 10,00

50m:	28.58	28.58	150m:	1:32.17	31.94	250m:	2:38.01	32.88	350m:	3:44.45	33.41
100m:	1:00.23	31.65	200m:	2:05.13	32.96	300m:	3:11.04	33.03	400m:	4:16.92	32.47

Final B

9. CLARA Vitor Belo — 04 — Ba-Leiria — **4:09.66** — 614 — 9,00

50m:	29.00	29.00	150m:	1:31.85	31.58	250m:	2:34.86	31.48	350m:	3:38.87	32.01
100m:	1:00.27	31.27	200m:	2:03.38	31.53	300m:	3:06.86	32.00	400m:	4:09.66	30.79

10. LOPES Luis Afonso — 03 — Viver Santarem — **4:10.60** — 607 — 8,00

50m:	29.11	29.11	150m:	1:31.89	31.49	250m:	2:36.93	32.41	350m:	3:40.63	32.42
100m:	1:00.40	31.29	200m:	2:04.52	32.63	300m:	3:08.21	31.28	400m:	4:10.60	29.97

Organização
Parceiros

Event 33, Men, 400m Freestyle, Final, Open

Rank	Nome do nadador	YB	Classes	Cod	Exc	Clube	Time	FINA	Pts
11.	PARRA DE LA TORRE Francisc	00				Mairena Aljarafe	**4:10.81**	606	7,00
	50m: 28.75 28.75 150m: 1:32.29 31.96 250m: 2:35.88 31.32 350m: 3:39.98 32.30								
	100m: 1:00.33 31.58 200m: 2:04.56 32.27 300m: 3:07.68 31.80 400m: 4:10.81 30.83								
12.	JACINTO Rafael Rodrigues	02				Belenenses	**4:11.40**	601	6,00
	50m: 28.89 28.89 150m: 1:32.35 31.71 250m: 2:36.91 31.97 350m: 3:41.71 32.54								
	100m: 1:00.64 31.75 200m: 2:04.94 32.59 300m: 3:09.17 32.26 400m: 4:11.40 29.69								
13.	GARCIA MOLIZ Carlos	03				Andalucia	**4:12.01**	597	5,00
	50m: 28.44 28.44 150m: 1:32.47 32.31 250m: 2:36.42 31.70 350m: 3:41.24 32.79								
	100m: 1:00.16 31.72 200m: 2:04.72 32.25 300m: 3:08.45 32.03 400m: 4:12.01 30.77								
14.	DIAS Rodrigo Reis	03				Belenenses	**4:12.93**	590	4,00
	50m: 29.10 29.10 150m: 1:33.66 32.57 250m: 2:37.25 30.91 350m: 3:41.80 32.28								
	100m: 1:01.09 31.99 200m: 2:06.34 32.68 300m: 3:09.52 32.27 400m: 4:12.93 31.13								
15.	ALCANTARILLA ROMERO Jaime	03				Mairena Aljarafe	**4:14.03**	583	3,00
	50m: 27.88 27.88 150m: 1:32.65 32.73 250m: 2:37.82 32.70 350m: 3:43.01 32.50								
	100m: 59.92 32.04 200m: 2:05.12 32.47 300m: 3:10.51 32.69 400m: 4:14.03 31.02								
16.	AIRES Rafael Alcantara	01				Benfica	**4:15.25**	574	2,00
	50m: 28.80 28.80 150m: 1:32.95 32.46 250m: 2:37.13 32.03 350m: 3:43.15 32.95								
	100m: 1:00.49 31.69 200m: 2:05.10 32.15 300m: 3:10.20 33.07 400m: 4:15.25 32.10								

Organização
Parceiros