Event 34 — Women, 400m Medley — Open
10-11-2019 - 13:45 — Results

Rec Nac Open	4:36.19	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	13-12-2017
Rec Nac Sen	4:36.19	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	13-12-2017
Rec Nac Jun17	4:46.89	ROCHA Ines Neto	CAP	Felgueiras	15-04-2018
Rec Nac Jun16	4:50.85	DURAES Diana Margarida	FOCA	Silves	02-12-2011
Rec Nac Juv A	4:51.85	SANTOS Ana Claudia	SFUAP	Setubal	21-11-2004
Rec Nac Juv B	4:56.53	CUNHA Mariana Pacheco	CFP	Porto	05-05-2018
Rec Nac Inf A	5:03.94	FERNANDES Carolina Miranda	CGA	Condeixa	12-05-2018
Rec Nac Inf B	5:15.68	MIGUEL Susana Patricia	SFUAP	Rio Maior	06-07-2002

TAC : 5:22.00

Points: FINA 2019

Rank	Nome do nadador	YB	Classes	Cod	Exc	Clube	Time	FINA	Pts
1.	DURAES Diana Margarida	96				Benfica	**4:44.35**	755	20,00
	50m: 31.70 31.70 150m: 1:44.51 37.53 250m: 3:00.95 40.86 350m: 4:13.56 32.14								
	100m: 1:06.98 35.28 200m: 2:20.09 35.58 300m: 3:41.42 40.47 400m: 4:44.35 30.79								
2.	MONTEIRO Ana Catarina	93				Vilacondense	**4:52.69**	692	16,00
	50m: 30.85 30.85 150m: 1:43.64 38.62 250m: 3:03.21 41.77 350m: 4:20.22 34.78								
	100m: 1:05.02 34.17 200m: 2:21.44 37.80 300m: 3:45.44 42.23 400m: 4:52.69 32.47								
3.	MESQUITA Francisca Salvador	02				Colegio Monte Maior	**4:54.97**	676	15,00
	50m: 30.90 30.90 150m: 1:45.36 39.57 250m: 3:05.77 42.13 350m: 4:21.57 34.23								
	100m: 1:05.79 34.89 200m: 2:23.64 38.28 300m: 3:47.34 41.57 400m: 4:54.97 33.40								
4.	CARDEAL Joana Nunes	02				Academico Viseu	**4:56.44**	666	14,00
	50m: 31.28 31.28 150m: 1:45.73 38.84 250m: 3:06.13 42.44 350m: 4:24.25 34.62								
	100m: 1:06.89 35.61 200m: 2:23.69 37.96 300m: 3:49.63 43.50 400m: 4:56.44 32.19								
5.	PINA Ana Sofia	02				Benfica	**4:58.10**	655	13,00
	50m: 32.16 32.16 150m: 1:47.57 38.91 250m: 3:08.27 42.88 350m: 4:24.93 33.94								
	100m: 1:08.66 36.50 200m: 2:25.39 37.82 300m: 3:50.99 42.72 400m: 4:58.10 33.17								
6.	MENDES Mariana Amaral	02				Colegio Monte Maior	**5:00.28**	641	12,00
	50m: 33.18 33.18 150m: 1:49.28 39.43 250m: 3:10.76 41.72 350m: 4:27.54 34.30								
	100m: 1:09.85 36.67 200m: 2:29.04 39.76 300m: 3:53.24 42.48 400m: 5:00.28 32.74								
DSQ	RODRIGUEZ SANCHEZ Laura	04				Andalucia			-
	SW 7.4 - O (a) atleta efectuou movimento alternado de pernas durante o percurso subaquatico na viragem aos 225 metros								
DSQ	CHEROUATI Souad Nefissa	89				Benfica			-
	SW 6.4 - O (a) atleta não efectua a viragem dos 125 metros após terminar o movimento contínuo de braços								

Organização
Parceiros