Event 35 — Men, 400m Medley — Open
10-11-2019 - 13:50 — Results

Rec Nac Open	4:06.83	CARVALHO Diogo Filipe	POR	Istambul (TUR)	11-12-2009
Rec Nac Sen	4:06.83	CARVALHO Diogo Filipe	POR	Istambul (TUR)	11-12-2009
Rec Nac Jun18	4:11.20	VITAL Joao Alexandre	SCP	Porto	11-12-2015
Rec Nac Jun17	4:21.93	VITAL Joao Alexandre	ADRCIMM	Porto	19-12-2014
Rec Nac Juv A	4:25.04	VITAL Joao Alexandre	ADRCIMM	Tomar	13-12-2013
Rec Nac Juv B	4:35.02	CARVALHO Diogo Filipe	CGA	Braga	21-03-2003
Rec Nac Inf A	4:40.32	FREITAS Tomas Miguel	CDN	Funchal	09-07-2004
Rec Nac Inf B	4:49.65	RUIVO Andre Vilas	DNMG	S. António Cavaleiros	15-03-2013

TAC : 4:38.00

Points: FINA 2019

Rank	Nome do nadador	YB	Classes	Cod	Exc	Clube	Time	FINA	Pts
1.	CARVALHO Diogo Filipe	88				Galitos / Bresimar	**4:24.34**	707	20,00
	50m: 27.18 27.18 150m: 1:32.96 34.18 250m: 2:43.10 36.02 350m: 3:53.46 33.03								
	100m: 58.78 31.60 200m: 2:07.08 34.12 300m: 3:20.43 37.33 400m: 4:24.34 30.88								
2.	LOPEZ APONTE Daniel	03				Andalucia	**4:30.04**	663	16,00
	50m: 29.42 29.42 150m: 1:37.05 35.08 250m: 2:49.44 37.96 350m: 3:59.02 31.22								
	100m: 1:01.97 32.55 200m: 2:11.48 34.43 300m: 3:27.80 38.36 400m: 4:30.04 31.02								
3.	CORDEIRO Tiago Roberto	00				Benfica	**4:32.64**	644	15,00
	50m: 28.01 28.01 150m: 1:35.32 35.45 250m: 2:49.75 40.05 350m: 4:01.32 32.13								
	100m: 59.87 31.86 200m: 2:09.70 34.38 300m: 3:29.19 39.44 400m: 4:32.64 31.32								
4.	CARDOSO Diogo Santos	01				Colegio Monte Maior	**4:37.98**	608	14,00
	50m: 30.39 30.39 150m: 1:42.03 37.23 250m: 2:56.85 39.47 350m: 4:07.98 31.69								
	100m: 1:04.80 34.41 200m: 2:17.38 35.35 300m: 3:36.29 39.44 400m: 4:37.98 30.00								
5.	ANAYA MONTORO Jacques *FTL*	03				Andalucia	**4:43.49**	573	13,00
	50m: 31.50 31.50 150m: 1:44.36 38.12 250m: 2:59.61 38.05 350m: 4:11.19 33.21								
	100m: 1:06.24 34.74 200m: 2:21.56 37.20 300m: 3:37.98 38.37 400m: 4:43.49 32.30								
6.	SILVA Nuno Marques *FTL*	04				Ba-Leiria	**4:44.55**	566	12,00
	50m: 30.66 30.66 150m: 1:42.26 37.21 250m: 2:59.46 40.54 350m: 4:13.24 53.64								
	100m: 1:05.05 34.39 200m: 2:18.92 36.66 300m: 3:19.60 20.14 400m: 4:44.55 31.31								
7.	FARDILHA Manuel Cruz *FTL*	03				Galitos / Bresimar	**4:53.89**	514	11,00
	50m: 30.63 30.63 150m: 1:43.43 37.89 250m: 3:03.84 42.75 350m: 4:21.24 34.29								
	100m: 1:05.54 34.91 200m: 2:21.09 37.66 300m: 3:46.95 43.11 400m: 4:53.89 32.65								
DNS	HANS CAPITAN Antonio	01				Mairena Aljarafe			-

Organização
Parceiros