

Prova de Preparação - JUV | JUN | SEN
Loulé, 12 - 13/6/2021

Prova 20
13/06/2021 - 15:00

Masc., 400m Livres

Absolutos
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
Juvenis							
1. Yury, FOMIN	06	4:30.03	541	1:01.68	1:09.04	1:09.85	1:09.46
50m:		150m:	250m:	350m:			
100m: 1:01.68		200m: 2:10.72	300m: 3:20.57	400m: 4:30.03			
2. M., RODRIGUES	05	4:43.02	470	1:06.54	1:13.07		
50m:		150m:	250m:	350m:			
100m: 1:06.54		200m: 2:19.61	300m:	400m: 4:43.02			
3. Pedro Sousa, GONCALVE	06	4:50.41	435	1:07.63	1:15.63	1:15.61	1:11.54
50m:		150m:	250m:	350m:			
100m: 1:07.63		200m: 2:23.26	300m: 3:38.87	400m: 4:50.41			
4. Mark Ronald, PINTO	06	4:51.34	431	1:09.07	1:14.62		
50m:		150m:	250m:	350m:			
100m: 1:09.07		200m: 2:23.69	300m:	400m: 4:51.34			
5. Hugo Miguel, INÁCIO	05	4:56.92	407	1:08.69	1:14.79	1:17.16	1:16.28
50m:		150m:	250m:	350m:			
100m: 1:08.69		200m: 2:23.48	300m: 3:40.64	400m: 4:56.92			
6. Erhan Asanov, DURAKOV	06	5:04.86	376	1:09.26	1:18.23	1:19.14	1:18.23
50m:		150m:	250m:	350m:			
100m: 1:09.26		200m: 2:27.49	300m: 3:46.63	400m: 5:04.86			
7. Iago Valentim, FALEIRO	06	5:12.28	349	1:11.33	1:20.66	1:21.76	1:18.53
50m:		150m:	250m:	350m:			
100m: 1:11.33		200m: 2:31.99	300m: 3:53.75	400m: 5:12.28			
8. Miguel Alberto, CORREIA	06	5:43.18	263	1:17.23	1:29.63	1:30.83	1:25.49
50m:		150m:	250m:	350m:			
100m: 1:17.23		200m: 2:46.86	300m: 4:17.69	400m: 5:43.18			
Juniores							
1. Guilherme Sousa, GOME	04	4:31.87	530	1:02.33	1:09.39		
50m:		150m:	250m:	350m:			
100m: 1:02.33		200m: 2:11.72	300m:	400m: 4:31.87			
2. Martim Rodrigues, AFONS	04	4:33.62	520	1:04.91	1:09.65	1:09.24	1:09.82
50m:		150m:	250m:	350m:			
100m: 1:04.91		200m: 2:14.56	300m: 3:23.80	400m: 4:33.62			
3. Dario, ENGELEN	03	4:34.82	513	1:05.39	1:09.63		
50m:		150m:	250m:	350m:			
100m: 1:05.39		200m: 2:15.02	300m:	400m: 4:34.82			
4. Jose Miguel, RODEIA	04	4:36.59	503	1:04.81	1:10.57		
50m:		150m:	250m:	350m:			
100m: 1:04.81		200m: 2:15.38	300m:	400m: 4:36.59			
5. Vasco Malia, SANTOS	04	4:37.35	499	1:04.27	1:10.99		
50m:		150m:	250m:	350m:			
100m: 1:04.27		200m: 2:15.26	300m:	400m: 4:37.35			
6. Pedro Miguel, BOAVIDA	03	4:48.48	443	1:06.03	1:13.06	1:14.41	1:14.98
50m:		150m:	250m:	350m:			
100m: 1:06.03		200m: 2:19.09	300m: 3:33.50	400m: 4:48.48			
7. Afonso Marreiros, GLORIA	04	4:58.11	402	1:07.72	2:34.58		
50m:		150m:	250m:	350m:			
100m: 1:07.72		200m: 3:42.30	300m:	400m: 4:58.11			
8. Leandro Miguel, LOPES	04	5:24.81	311	1:12.12	1:22.21	1:25.64	1:24.84
50m:		150m:	250m:	350m:			
100m: 1:12.12		200m: 2:34.33	300m: 3:59.97	400m: 5:24.81			
9. Hugo Pacheco, CONCEIC	03	5:26.70	305	1:11.81	1:24.86	1:26.59	1:23.44
50m:		150m:	250m:	350m:			
100m: 1:11.81		200m: 2:36.67	300m: 4:03.26	400m: 5:26.70			

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Seniores

1. F., CHAVEIRO	02	Portinado	5:02.92 383	1:07.17	1:16.22	1:20.29	1:19.24
50m:		150m:	250m:		350m:		
100m: 1:07.17		200m: 2:23.39	300m: 3:43.68		400m: 5:02.92		