

Prova de Preparação JUV; JUN e SEN
Olhão, 23 - 24/10/2021

Prova 5
23/10/2021 - 16:15

Masc., 1500m Livres

Absolutos
Resultados

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
Juvenis B			
1. David Martins, CARMO	07 Natacao de Olhao	20:18.15	337
100m: 1:15.60 1:15.60	500m: 6:38.82 1:21.77	900m: 12:10.15 1:22.86	1300m: 17:38.51 1:22.40
200m: 2:35.02 1:19.42	600m: 8:01.64 1:22.82	1000m: 13:33.90 1:23.75	1400m: 18:59.29 1:20.78
300m: 3:55.10 1:20.08	700m: 9:24.31 1:22.67	1100m: 14:55.21 1:21.31	1500m: 20:18.15 1:18.86
400m: 5:17.05 1:21.95	800m: 10:47.29 1:22.98	1200m: 16:16.11 1:20.90	
2. Miguel Lourenco, VELHINHO	07 Lagoa AC	20:36.39	322
100m: 1:16.96 1:16.96	500m: 6:47.20 1:23.21	900m: 12:20.64 1:24.69	1300m: 17:54.71 1:24.07
200m: 2:39.06 1:22.10	600m: 8:10.47 1:23.27	1000m: 13:44.43 1:23.79	1400m: 19:17.31 1:22.60
300m: 4:00.24 1:21.18	700m: 9:32.74 1:22.27	1100m: 15:07.59 1:23.16	1500m: 20:36.39 1:19.08
400m: 5:23.99 1:23.75	800m: 10:55.95 1:23.21	1200m: 16:30.64 1:23.05	
Juvenis A			
1. Iago Valentim, FALEIRO	06 Aquatico Silves	19:31.31	379
100m: 1:07.67 1:07.67	500m: 6:22.96 1:18.89	900m: 11:42.31 1:19.92	1300m: 17:00.67 1:19.96
200m: 2:24.64 1:16.97	600m: 7:42.99 1:20.03	1000m: 13:01.89 1:19.58	1400m: 18:18.17 1:17.50
300m: 3:44.46 1:19.82	700m: 9:02.59 1:19.60	1100m: 14:21.31 1:19.42	1500m: 19:31.31 1:13.14
400m: 5:04.07 1:19.61	800m: 10:22.39 1:19.80	1200m: 15:40.71 1:19.40	
2. Alexandre Santos, PIRES	06 Natacao de Olhao	20:02.28	350
100m: 1:13.38 1:13.38	500m: 6:39.10 1:22.00	900m: 12:01.53 1:20.07	1300m: 17:23.54 1:20.97
200m: 2:32.97 1:19.59	600m: 8:00.03 1:20.93	1000m: 13:21.69 1:20.16	1400m: 18:44.12 1:20.58
300m: 3:53.55 1:20.58	700m: 9:21.79 1:21.76	1100m: 14:41.67 1:19.98	1500m: 20:02.28 1:18.16
400m: 5:17.10 1:23.55	800m: 10:41.46 1:19.67	1200m: 16:02.57 1:20.90	
3. Diogo Guerreiro, DIAS	06 Aquatico Silves	20:18.14	337
100m: 1:12.24 1:12.24	500m: 6:28.75 1:21.60	900m: 11:55.21 1:22.34	1300m: 17:21.07 1:21.99
200m: 2:29.02 1:16.78	600m: 7:49.42 1:20.67	1000m: 13:17.76 1:22.55	1400m: 18:40.28 1:19.21
300m: 3:47.20 1:18.18	700m: 9:11.20 1:21.78	1100m: 14:36.46 1:18.70	1500m: 20:18.14 1:37.86
400m: 5:07.15 1:19.95	800m: 10:32.87 1:21.67	1200m: 15:59.08 1:22.62	
4. Luca Graca, GABRIELE	06 Portinado	20:24.33	332
100m: 1:11.64 1:11.64	500m: 6:33.14 1:23.01	900m: 12:05.70 1:24.05	1300m: 17:43.71 1:25.86
200m: 2:29.97 1:18.33	600m: 7:56.00 1:22.86	1000m: 13:28.92 1:23.22	1400m: 19:06.93 1:23.22
300m: 3:49.30 1:19.33	700m: 9:18.85 1:22.85	1100m: 14:53.67 1:24.75	1500m: 20:24.33 1:17.40
400m: 5:10.13 1:20.83	800m: 10:41.65 1:22.80	1200m: 16:17.85 1:24.18	
Juniores			
1. Guilherme Sousa, GOMES	04 Aquatico Silves	17:13.94	551
100m: 1:03.36 1:03.36	500m: 5:41.35 1:10.40	900m: 10:21.48 1:10.10	1300m: 14:59.33 1:08.64
200m: 2:11.60 1:08.24	600m: 6:51.97 1:10.62	1000m: 11:31.92 1:10.44	1400m: 16:07.69 1:08.36
300m: 3:21.51 1:09.91	700m: 8:01.74 1:09.77	1100m: 12:41.40 1:09.48	1500m: 17:13.94 1:06.25
400m: 4:30.95 1:09.44	800m: 9:11.38 1:09.64	1200m: 13:50.69 1:09.29	
2. Tiago Miguel, VICENTE	04 Aquatico Silves	17:31.90	524
100m: 1:04.52 1:04.52	500m: 5:41.80 1:09.99	900m: 10:24.75 1:11.12	1300m: 15:11.76 1:11.83
200m: 2:13.60 1:09.08	600m: 6:53.14 1:11.34	1000m: 11:35.88 1:11.13	1400m: 16:23.89 1:12.13
300m: 3:22.80 1:09.20	700m: 8:03.09 1:09.95	1100m: 12:48.26 1:12.38	1500m: 17:31.90 1:08.01
400m: 4:31.81 1:09.01	800m: 9:13.63 1:10.54	1200m: 13:59.93 1:11.67	
3. Martim Rodrigues, AFONSO	04 Aquatico Silves	17:45.59	504
100m: 1:04.14 1:04.14	500m: 5:45.58 1:11.23	900m: 10:30.97 1:12.54	1300m: 15:22.43 1:13.56
200m: 2:13.59 1:09.45	600m: 6:56.15 1:10.57	1000m: 11:43.82 1:12.85	1400m: 16:35.21 1:12.78
300m: 3:24.04 1:10.45	700m: 8:06.46 1:10.31	1100m: 12:56.74 1:12.92	1500m: 17:45.59 1:10.38
400m: 4:34.35 1:10.31	800m: 9:18.43 1:11.97	1200m: 14:08.87 1:12.13	
4. Leandro Miguel, LOPES	04 Aquatico Silves	21:02.40	303
100m: 1:15.80 1:15.80	500m: 6:52.65 1:23.99	900m: 12:35.06 1:25.69	1300m: 18:17.19 1:24.87
200m: 2:39.64 1:23.84	600m: 8:18.60 1:25.95	1000m: 14:01.48 1:26.42	1400m: 19:40.53 1:23.34
300m: 4:03.83 1:24.19	700m: 9:43.33 1:24.73	1100m: 15:27.08 1:25.60	1500m: 21:02.40 1:21.87
400m: 5:28.66 1:24.83	800m: 11:09.37 1:26.04	1200m: 16:52.32 1:25.24	

Prova de Preparação JUV; JUN e SEN
Olhão, 23 - 24/10/2021

Prova 5, Masc., 1500m Livres, Juniores

Lugar			Ano				Tempo final	Pts
5.	Rafael, ALEMAO		04	Portinado		22:37.12	244	
	100m: 1:11.99	1:11.99	500m: 7:13.43	1:33.41	900m: 13:28.94	1:34.42	1300m: 19:41.01	1:31.42
	200m: 2:36.83	1:24.84	600m: 8:47.05	1:33.62	1000m: 15:03.53	1:34.59	1400m: 21:11.70	1:30.69
	300m: 4:07.75	1:30.92	700m: 10:20.01	1:32.96	1100m: 16:38.01	1:34.48	1500m: 22:37.12	1:25.42
	400m: 5:40.02	1:32.27	800m: 11:54.52	1:34.51	1200m: 18:09.59	1:31.58		

Seniores

1.	Gonçalo Gualberto, BARBARA		00	Lagoa AC		16:57.97	578	
	100m: 1:02.73	1:02.73	500m: 5:30.36	1:07.87	900m: 10:03.63	1:08.77	1300m: 14:40.81	1:09.53
	200m: 2:08.60	1:05.87	600m: 6:38.34	1:07.98	1000m: 11:12.66	1:09.03	1400m: 15:50.21	1:09.40
	300m: 3:15.27	1:06.67	700m: 7:46.60	1:08.26	1100m: 12:21.93	1:09.27	1500m: 16:57.97	1:07.76
	400m: 4:22.49	1:07.22	800m: 8:54.86	1:08.26	1200m: 13:31.28	1:09.35		