

Torneio de Outono de Infantis e Juvenis
Portimao, 4 - 5/12/2021

Prova 2 Femin., 400m Livres 12 - 15 anos
04/12/2021 - 15:50 Resultados

R. Regional (PC) Absoluto	4:19.78	Sara Alexandra, MADEIRA	POR	Sines	20/12/2008
R. Regional (PC) Juv A	4:31.47	Catia Raquel, MARTINHEIRA	POR	Quarteira	21/11/2009
R. Regional (PC) Juv B	4:35.17	Catia Raquel, MARTINHEIRA	POR	Sines	21/12/2008
R. Regional (PC) Inf. A	4:41.06	Catia Raquel, MARTINHEIRA	POR	Abrantes	05/04/2008
R. Regional (PC) Inf. B	4:47.32	Carolina Silva, GODINHO	POR	Olhao	21/10/2007

Pontos: FINA 2021

Lugar Ano Tempo final Pts

Infantis B

1. Carolina Domingos, CRISTINO	10	Nautico do Guadina	5:44.76	312
50m: 36.66 36.66	150m: 2:03.34	44.11 250m: 3:32.61	44.62 350m: 5:03.27	45.92
100m: 1:19.23 42.57	200m: 2:47.99	44.65 300m: 4:17.35	44.74 400m: 5:44.76	41.49
2. Carolina Melo, LOPES	10	Portinado	5:56.25	283
50m: 37.99 37.99	150m: 2:06.34	44.94 250m: 3:38.30	46.07 350m: 5:10.36	46.54
100m: 1:21.40 43.41	200m: 2:52.23	45.89 300m: 4:23.82	45.52 400m: 5:56.25	45.89
3. Constança Ribeiro, AZEVEDO	10	Lagoa AC	6:05.73	261
50m: 39.96 39.96	150m: 2:12.27	46.89 250m: 3:48.05	48.20 350m: 5:24.99	48.84
100m: 1:25.38 45.42	200m: 2:59.85	47.58 300m: 4:36.15	48.10 400m: 6:05.73	40.74
4. Sonya Antonova, SINYAKOVA	10	Nautico do Guadina	6:12.53	247
50m: 38.94 38.94	150m: 2:13.08	48.10 250m: 3:51.82	49.34 350m: 5:26.05	45.75
100m: 1:24.98 46.04	200m: 3:02.48	49.40 300m: 4:40.30	48.48 400m: 6:12.53	46.48
5. Eva, AFANASYEVA	10	Lagoa AC	6:27.93	219
50m: 39.74 39.74	150m: 2:19.39	51.23 250m: 4:00.89	50.72 350m: 5:41.81	49.28
100m: 1:28.16 48.42	200m: 3:10.17	50.78 300m: 4:52.53	51.64 400m: 6:27.93	46.12
6. Maria Ines, PONTE	10	Portinado	6:52.78	181
50m: 44.87 44.87	150m: 2:26.43	51.92 250m: 4:13.17	53.50 350m: 6:02.63	55.25
100m: 1:34.51 49.64	200m: 3:19.67	53.24 300m: 5:07.38	54.21 400m: 6:52.78	50.15
7. Violeta Cristovao, SOUSA	10	FC Ferreiras/AlgarExperience	6:57.98	175
50m: 45.30 45.30	150m: 2:32.17	53.34 250m: 4:20.95	54.20 350m: 6:08.83	54.47
100m: 1:38.83 53.53	200m: 3:26.75	54.58 300m: 5:14.36	53.41 400m: 6:57.98	49.15
8. Sara Zeferino, BONECA	10	Portinado	7:09.19	161
50m: 45.67 45.67	150m: 2:32.64	54.30 250m: 4:22.75	56.89 350m: 6:17.58	57.33
100m: 1:38.34 52.67	200m: 3:25.86	53.22 300m: 5:20.25	57.50 400m: 7:09.19	51.61

Infantis A

1. Annabela Veronika, FARCAS	09	Louletano / Loule Concelho	5:23.63	377
50m: 35.48 35.48	150m: 1:55.50	41.04 250m: 3:18.61	41.46 350m: 4:41.87	41.59
100m: 1:14.46 38.98	200m: 2:37.15	41.65 300m: 4:00.28	41.67 400m: 5:23.63	41.76
2. Lara Sofia, AGUAS	09	Lagoa AC	6:05.24	262
50m: 39.95 39.95	150m: 2:13.64	47.34 250m: 3:48.65	47.36 350m: 5:21.81	46.30
100m: 1:26.30 46.35	200m: 3:01.29	47.65 300m: 4:35.51	46.86 400m: 6:05.24	43.43
3. Mariana Silvestre, NOVAIS	09	Portinado	6:07.28	258
50m: 37.75 37.75	150m: 2:07.75	46.13 250m: 3:42.76	47.35 350m: 5:18.88	48.60
100m: 1:21.62 43.87	200m: 2:55.41	47.66 300m: 4:30.28	47.52 400m: 6:07.28	48.40
4. Vitoria Goncalves, PITA	09	Portinado	6:20.28	232
50m: 38.66 38.66	150m: 2:15.48	49.91 250m: 3:54.44	48.71 350m: 5:33.71	49.49
100m: 1:25.57 46.91	200m: 3:05.73	50.25 300m: 4:44.22	49.78 400m: 6:20.28	46.57
5. Daria Taturevici, GAIBU	09	Portinado	6:27.74	219
50m: 39.53 39.53	150m: 2:16.69	49.37 250m: 3:59.78	51.61 350m: 5:41.22	50.42
100m: 1:27.32 47.79	200m: 3:08.17	51.48 300m: 4:50.80	51.02 400m: 6:27.74	46.52
6. Raquel Filipa, FRANCISCO	09	Portinado	6:38.11	202
50m: 40.68 40.68	150m: 2:19.82	50.71 250m: 4:04.34	53.46 350m: 5:49.72	51.80
100m: 1:29.11 48.43	200m: 3:10.88	51.06 300m: 4:57.92	53.58 400m: 6:38.11	48.39

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Prova 2, Femin., 400m Livres, Infantis A

Lugar				Ano					Tempo final	Pts
7.	Ana Margarida, PAMPLONA			09	Portinado				6:47.82	188
	50m:	42.96	42.96	150m:	2:24.13	51.20	250m:	4:11.20	54.30	350m: 5:56.48 51.78
	100m:	1:32.93	49.97	200m:	3:16.90	52.77	300m:	5:04.70	53.50	400m: 6:47.82 51.34

Juvenis B

1.	Alana Capela, LYRA			08	Lagoa AC				5:31.81	350
	50m:	36.37	36.37	150m:	1:59.48	42.67	250m:	3:24.99	42.99	350m: 4:49.48 41.06
	100m:	1:16.81	40.44	200m:	2:42.00	42.52	300m:	4:08.42	43.43	400m: 5:31.81 42.33
2.	Rita Batista, OLIVEIRA			08	Naval de Faro				6:14.17	244
	50m:	40.75	40.75	150m:	2:13.97	48.26	250m:	3:48.95	47.97	350m: 5:26.95 49.14
	100m:	1:25.71	44.96	200m:	3:00.98	47.01	300m:	4:37.81	48.86	400m: 6:14.17 47.22

Juvenis A

1.	Mia Alena, WERUM			07	Lagoa AC				5:16.12	405
	50m:	34.66	34.66	150m:	1:53.51	40.07	250m:	3:14.78	40.69	350m: 4:36.85 41.35
	100m:	1:13.44	38.78	200m:	2:34.09	40.58	300m:	3:55.50	40.72	400m: 5:16.12 39.27
2.	Laura Figueiredo, MOREIRA			07	Aquatico Silves				5:32.48	348
	50m:	33.74	33.74	150m:	1:57.59	42.93	250m:	3:23.33	43.13	350m: 4:50.94 44.21
	100m:	1:14.66	40.92	200m:	2:40.20	42.61	300m:	4:06.73	43.40	400m: 5:32.48 41.54
3.	Ariana Lara, PEREIRA			07	Naval de Faro				5:34.95	340
	50m:	35.75	35.75	150m:	1:58.94	42.39	250m:	3:25.83	43.78	350m: 4:54.01 43.22
	100m:	1:16.55	40.80	200m:	2:42.05	43.11	300m:	4:10.79	44.96	400m: 5:34.95 40.94