

Analgave Open Masters
Albufeira, 11 - 12/12/2021

Prova 30 Masc., 400m Livres 25 - 104 anos
12/12/2021 - 11:00 Resultados

RN A(25-29)	4:00.23	Adriano Miguel, NIZ	GDNVNF	Funchal	17/01/2015
RN B(30-34)	4:03.15	Adriano Miguel, NIZ	GDNVNF	Tomar	30/01/2016
RN C(35-39)	4:06.32	Pedro Miguel, SILVA	CFV	Ponte de Sor	29/01/2011
RN D(40-44)	4:29.07	Rodrigo Marques, COSTA	CNLA	Tomar	30/01/2016
RN E(45-49)	4:19.65	Jose Carlos, FREITAS	CFP	Ponte de Sor	29/01/2011
RN F(50-54)	4:22.11	Jose Carlos, FREITAS	CFP	Felgueiras	26/01/2013
RN G(55-59)	4:25.70	Jose Carlos, FREITAS	INDNP	Mealhada	18/01/2019
RN H(60-64)	5:11.27	Vitor Manuel, MAVIOSO	SAD	Tomar	30/01/2016
RN I(65-69)	5:33.34	Alberto Vaz, CORREIA	FS	Vila Franca de Xira	17/01/2020
RN J(70-74)	5:55.49	Antonio Bessone, BASTO	SAD	Recarei	16/05/2015
RN K(75-79)	7:32.94	Leonel Sousa, GOMES	SFP	Pedruha	21/01/2005
RN L(80-84)	9:18.14	Antonio Alexandre, RODRIGUES	AAC	Mealhada	18/01/2019

Pontos: DSV Masters 20

Lugar Nome Ano NFed Clube Tempo Final TReac Pts FINA PtsPts

Master B

1. Santiago Rojas, RODRIGUEZ	90	Lagoa AC	4:38.62	641	9,00
50m:	31.03	31.03	150m:	1:41.31	35.79
100m:	1:05.52	34.49	200m:	2:17.46	36.15
250m:	2:53.04	35.58	350m:	4:05.08	36.18
300m:	3:28.90	35.86	400m:	4:38.62	33.54
2. Filipe Gouveia, GONCALVES	87	Lisboa PoolSharks	4:56.94	529	7,00
50m:	31.71	31.71	150m:	1:44.50	37.19
100m:	1:07.31	35.60	200m:	2:22.83	38.33
250m:	3:01.59	38.76	350m:	4:18.98	38.52
300m:	3:40.46	38.87	400m:	4:56.94	37.96
3. Filipe Bjorke, SANTOS	88	Lagoa AC	6:33.71	227	6,00
50m:	40.43	40.43	150m:	2:19.55	51.79
100m:	1:27.76	47.33	200m:	3:12.50	52.95
250m:	4:04.82	52.32	350m:	5:49.32	52.18
300m:	4:57.14	52.32	400m:	6:33.71	44.39

Master D

1. Ernesto Rodrigues, CABEZON	80	Natacion Cadiz	6:05.49	285	9,00
50m:	34.75	34.75	150m:	2:03.85	46.52
100m:	1:17.33	42.58	200m:	2:52.38	48.53
250m:	3:41.20	48.82	350m:	5:21.92	50.11
300m:	4:31.81	50.61	400m:	6:05.49	43.57

Master E

1. Paulo Alexandre, SOUSA	72	Lagoa AC	5:16.00	471	9,00
50m:	36.37	36.37	150m:	1:53.48	39.40
100m:	1:14.08	37.71	200m:	2:33.55	40.07
250m:	3:13.95	40.40	350m:	4:35.74	41.00
300m:	3:54.74	40.79	400m:	5:16.00	40.26
2. Hugo Estevens, FERRAZ	76	Lagoa AC	7:10.73	186	7,00
50m:	41.67	41.67	150m:	2:23.15	52.96
100m:	1:30.19	48.52	200m:	3:18.85	55.70
250m:	4:16.42	57.57	350m:	6:14.10	58.61
300m:	5:15.49	59.07	400m:	7:10.73	56.63
3. Paulo Viana, SANTOS	75	Lagoa AC	7:34.42	158	6,00
50m:	47.46	47.46	150m:	2:39.82	57.82
100m:	1:42.00	54.54	200m:	3:37.64	57.82
250m:	4:36.16	58.52	350m:	6:35.17	1:00.00
300m:	5:35.17	59.01	400m:	7:34.42	59.25

Master F

1. Rui Miguel, TEJO	69	Académica de Coimbra	5:39.13	453	9,00
50m:	38.55	38.55	150m:	2:01.88	42.29
100m:	1:19.59	41.04	200m:	2:45.50	43.62
250m:	3:28.84	43.34	350m:	4:56.84	43.69
300m:	4:13.15	44.31	400m:	5:39.13	42.29

Master G

1. Joao Carlos, NASCIMENTO	63	O2-Portimao	8:22.11	155	9,00
50m:	50.94	50.94	150m:	2:55.76	1:03.90
100m:	1:51.86	1:00.92	200m:	4:01.34	1:05.58
250m:	5:07.07	1:05.73	350m:	7:17.06	1:05.08
300m:	6:11.98	1:04.91	400m:	8:22.11	1:05.05

Master H

1. Jaime Carlos, BENTO	61	Alges	5:09.41	833	9,00
RN					
50m:	34.48	34.48	150m:	1:52.50	39.71
100m:	1:12.79	38.31	200m:	2:32.51	40.01
250m:	3:12.23	39.72	350m:	4:31.56	39.36
300m:	3:52.20	39.97	400m:	5:09.41	37.85

An Algarve Open Masters
Albufeira, 11 - 12/12/2021

Prova 30, Masc., 400m Livres, Master H

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	PtsPts
2.	Antonio Costa, RAPOSO	58	112606	O2-Portimao	6:55.30		344	7,00
	50m: 47.73 47.73	150m: 2:30.68	53.00	250m: 4:18.09	54.67	350m: 6:02.94	53.05	
	100m: 1:37.68 49.95	200m: 3:23.42	52.74	300m: 5:09.89	51.80	400m: 6:55.30	52.36	

Master J

1.	António Carlos, BATISTA	49	205092	FC Ferreiras/AlgarExperience	6:45.92		526	9,00
	50m: 42.25 42.25	150m: 2:22.94	51.24	250m: 4:06.91	52.16	350m: 5:53.52	52.73	
	100m: 1:31.70 49.45	200m: 3:14.75	51.81	300m: 5:00.79	53.88	400m: 6:45.92	52.40	