

Torneio de Ano Novo | Inf; Juv; Jun; Sen.  
Tavira, 22 - 23/1/2022

Prova 7 Femin., 400m Livres 12 anos e mais velhos  
22/01/2022 - 16:40 Resultados

Recordes Regionais ANALGARVE (PC) A4:19.78	Sara Alexandra, MADEIRA	LDC	Sines	20/12/2008
Recordes Regionais ANALGARVE (PC) S4:19.78	Sara Alexandra, MADEIRA	LDC	Sines	20/12/2008
Recordes Regionais ANALGARVE (PC) 1'4:28.16	Catia Raquel, MARTINHEIRA	LDC	Mealhada	17/12/2011
Recordes Regionais ANALGARVE (PC) 1'4:21.68	Catia Raquel, MARTINHEIRA	LDC	Porto	04/12/2010
Recordes Regionais ANALGARVE (PC) J4:31.47	Catia Raquel, MARTINHEIRA	LDC	Quarteira	21/11/2009
Recordes Regionais ANALGARVE (PC) J4:35.17	Catia Raquel, MARTINHEIRA	LDC	Sines	21/12/2008
Recordes Regionais ANALGARVE (PC) Ir4:41.06	Catia Raquel, MARTINHEIRA	SALG	Abrantes	05/04/2008
Recordes Regionais ANALGARVE (PC) In4:47.32	Carolina Silva, GODINHO	CNFA	Olhao	21/10/2007

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
<b>Infantis B</b>			
1. Constanca Ribeiro, AZEVEDO	10	Lagoa AC	<b>6:06.34</b> 260
50m: 40.22 40.22	150m: 2:15.11 47.25	250m: 3:52.41 48.70	350m: 5:26.70 46.82
100m: 1:27.86 47.64	200m: 3:03.71 48.60	300m: 4:39.88 47.47	400m: 6:06.34 39.64
2. Juliana Bushe, BARROSO	10	FC Ferreiras/AlgarExperience	<b>6:11.47</b> 249
50m: 40.72 40.72	150m: 2:15.06 48.40	250m: 3:50.16 47.86	350m: 5:28.56 49.10
100m: 1:26.66 45.94	200m: 3:02.30 47.24	300m: 4:39.46 49.30	400m: 6:11.47 42.91
3. Sira Valentim, FALEIRO	10	Aquatico Silves	<b>6:19.94</b> 233
50m: 41.02 41.02	150m: 2:16.57 48.02	250m: 3:55.15 49.87	350m: 5:33.61 48.78
100m: 1:28.55 47.53	200m: 3:05.28 48.71	300m: 4:44.83 49.68	400m: 6:19.94 46.33
4. Victoria Souza, BARBARA	10	Aquatico Silves	<b>6:35.33</b> 207
50m: 40.94 40.94	150m: 2:20.83 50.68	250m: 4:02.04 50.63	350m: 5:45.51 50.77
100m: 1:30.15 49.21	200m: 3:11.41 50.58	300m: 4:54.74 52.70	400m: 6:35.33 49.82
5. Gloria Alves, FAVINHA	10	Aquatico Silves	<b>6:56.10</b> 177
50m: 45.29 45.29	150m: 2:30.99 53.24	250m: 4:18.78 54.80	350m: 6:07.35 54.12
100m: 1:37.75 52.46	200m: 3:23.98 52.99	300m: 5:13.23 54.45	400m: 6:56.10 48.75
6. Rita Pinto, FERRAZ	10	Lagoa AC	<b>7:25.81</b> 144
50m: 48.61 48.61	150m: 2:45.12 58.71	250m: 4:41.85 58.72	350m: 6:34.69 55.09
100m: 1:46.41 57.80	200m: 3:43.13 58.01	300m: 5:39.60 57.75	400m: 7:25.81 51.12

**Infantis A**

1. Carolina Teixeira, DANIEL	09	Louletano / Loule Concelho	<b>5:52.08</b> 293
50m: 39.00 39.00	150m: 2:08.67 45.30	250m: 3:38.82 44.67	350m: 5:09.78 45.70
100m: 1:23.37 44.37	200m: 2:54.15 45.48	300m: 4:24.08 45.26	400m: 5:52.08 42.30
2. Clara Alexandra, VICENTE	09	Lagoa AC	<b>6:01.70</b> 270
50m: 37.67 37.67	150m: 2:04.30 44.44	250m: 3:35.66 46.20	350m: 5:06.85 44.70
100m: 1:19.86 42.19	200m: 2:49.46 45.16	300m: 4:22.15 46.49	400m: 6:01.70 54.85
3. Ines Sofia, Costa COSTA	09	Aquatico Silves	<b>6:09.33</b> 254
50m: 42.51 42.51	150m: 2:16.19 47.29	250m: 3:49.09 46.63	350m: 5:25.44 47.24
100m: 1:28.90 46.39	200m: 3:02.46 46.27	300m: 4:38.20 49.11	400m: 6:09.33 43.89
4. Sofia Guerreiro, DIAS	09	Aquatico Silves	<b>6:12.47</b> 247
50m: 40.26 40.26	150m: 2:13.94 47.89	250m: 3:50.19 48.40	350m: 5:26.41 47.79
100m: 1:26.05 45.79	200m: 3:01.79 47.85	300m: 4:38.62 48.43	400m: 6:12.47 46.06
5. Maria Luisa, RODRIGUES	09	Aquatico Silves	<b>6:55.70</b> 178
50m: 47.76 47.76	150m: 2:33.66 53.23	250m: 4:20.70 54.13	350m: 6:07.02 52.89
100m: 1:40.43 52.67	200m: 3:26.57 52.91	300m: 5:14.13 53.43	400m: 6:55.70 48.68
DNF Sara Kewitz, BATISTA	09	Lagoa AC	
<i>Desistiu aos 350m</i>			

**Juvenis B**

1. Margarida Maria, LUIZ	08	Lagoa AC	<b>5:13.32</b> 416
50m: 34.40 34.40	150m: 1:52.90 40.00	250m: 3:14.07 40.97	350m: 4:33.68 39.91
100m: 1:12.90 38.50	200m: 2:33.10 40.20	300m: 3:53.77 39.70	400m: 5:13.32 39.64

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Prova 7, Femin., 400m Livres

Juvenis A

1. Mia Alena, WERUM	07	Lagoa AC	<b>5:20.34</b>	389
50m: 34.60 34.60	150m: 1:53.13	39.97 250m: 3:15.85 41.80	350m: 4:39.40 41.65	
100m: 1:13.16 38.56	200m: 2:34.05	40.92 300m: 3:57.75 41.90	400m: 5:20.34 40.94	
2. Raquel Rodrigues, AUGUSTO	07	FC Ferreiras/AlgarExperience	<b>5:26.69</b>	367
50m: 35.66 35.66	150m: 1:58.69	42.03 250m: 3:23.41 42.50	350m: 4:47.44 41.78	
100m: 1:16.66 41.00	200m: 2:40.91	42.22 300m: 4:05.66 42.25	400m: 5:26.69 39.25	
3. Ariana Lara, PEREIRA	07	Naval de Faro	<b>5:29.57</b>	357
50m: 35.70 35.70	150m: 1:58.20	41.87 250m: 3:23.01 42.16	350m: 4:48.80 42.82	
100m: 1:16.33 40.63	200m: 2:40.85	42.65 300m: 4:05.98 42.97	400m: 5:29.57 40.77	
4. Ines Filipe, ANTUNES	07	RIA Aqua Tavira	<b>5:34.94</b>	340
50m: 35.65 35.65	150m: 1:58.74	42.77 250m: 3:25.28 43.24	350m: 4:52.98 44.55	
100m: 1:15.97 40.32	200m: 2:42.04	43.30 300m: 4:08.43 43.15	400m: 5:34.94 41.96	
5. Anastacia, KHARTCHUK	07	Aquatico Silves	<b>6:13.39</b>	245
50m: 40.36 40.36	150m: 2:14.50	47.83 250m: 3:52.33 48.69	350m: 5:28.07 47.54	
100m: 1:26.67 46.31	200m: 3:03.64	49.14 300m: 4:40.53 48.20	400m: 6:13.39 45.32	

Juniores

1. Maria Teresa, LUIZ	06	Lagoa AC	<b>5:01.04</b>	469
50m: 33.87 33.87	150m: 1:48.32	37.77 250m: 3:05.45 38.78	350m: 4:23.97 39.53	
100m: 1:10.55 36.68	200m: 2:26.67	38.35 300m: 3:44.44 38.99	400m: 5:01.04 37.07	
2. Filipa Guerreiro, RODRIGUES	05	Naval de Faro	<b>5:11.02</b>	425
50m: 34.42 34.42	150m: 1:51.21	39.02 250m: 3:10.60 39.77	350m: 4:30.97 40.21	
100m: 1:12.19 37.77	200m: 2:30.83	39.62 300m: 3:50.76 40.16	400m: 5:11.02 40.05	

Seniores

1. Rebeca Correia, FRANCIS	03	Lagoa AC	<b>4:54.78</b>	499
50m: 33.40 33.40	150m: 1:46.58	37.09 250m: 3:01.65 37.62	350m: 4:16.95 37.70	
100m: 1:09.49 36.09	200m: 2:24.03	37.45 300m: 3:39.25 37.60	400m: 4:54.78 37.83	
2. Carolina Silva, GOMES	04	Aquatico Silves	<b>5:30.02</b>	356
50m: 37.72 37.72	150m: 2:01.96	42.09 250m: 3:26.27 42.13	350m: 4:49.28 41.05	
100m: 1:19.87 42.15	200m: 2:44.14	42.18 300m: 4:08.23 41.96	400m: 5:30.02 40.74	