

Torneio de Inverno - JUV; JUN; SEN
Tavira, 26 - 27/2/2022

Prova 9	Masc., 400m Estilos				Absolutos
26/02/2022 - 17:20					Resultados
Rec. Reg. ANALGARVE (PC) Absoluto	4:22.94	Nuno Goncalo, QUINTANILHA	LDC	Sines	21/12/2008
Rec. Reg. ANALGARVE (PC) Sen	4:22.94	Nuno Goncalo, QUINTANILHA	LDC	Sines	21/12/2008
Rec. Reg. ANALGARVE (PC) 18	4:33.99	Hugo Cascais, RODRIGUES	LDC	Tavira	19/11/2006
Rec. Reg. ANALGARVE (PC) 17	4:32.43	Tiago Miguel, VILHENA	CNFA	Porto	08/12/2017
Rec. Reg. ANALGARVE (PC) Juv. A	4:40.70	Tiago Miguel, VILHENA	CNFA	Guarda	02/12/2016
Rec. Reg. ANALGARVE (PC) Juv. B	4:40.24	Tiago Miguel, VILHENA	CNFA	Setubal	04/12/2015
Rec Nac Adaptada S14	6:18.20	Pedro Miguel, RIBEIRO	CPN	Santa Maria da Feira	14/01/2018
Rec Nac Adaptada S21	6:20.31	Joao Francisco, VAZ	POR	Ferrara (ITA)	07/10/2021

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
Juvenis B			
1. Rodrigo Malia, SANTOS	07	Natação Lagos	5:11.90 426
50m: 32.50 32.50	150m: 1:51.61 39.68	250m: 3:14.75 43.64	350m: 4:36.22 37.04
100m: 1:11.93 39.43	200m: 2:31.11 39.50	300m: 3:59.18 44.43	400m: 5:11.90 35.68
2. Alvaro Hernandez, VILLARAN	07	C.N. Huelva	5:25.64 374
50m: 35.36 35.36	150m: 2:03.43 43.29	250m: 3:29.04 44.00	350m: 4:50.96 37.53
100m: 1:20.14 44.78	200m: 2:45.04 41.61	300m: 4:13.43 44.39	400m: 5:25.64 34.68
3. Alexandre Rijo, ARVELA	07	FC Ferreiras/AlgarExperience	5:56.59 285
50m: 38.41 38.41	150m: 2:07.05 43.14	250m: 3:41.22 51.78	350m: 5:15.97 43.28
100m: 1:23.91 45.50	200m: 2:49.44 42.39	300m: 4:32.69 51.47	400m: 5:56.59 40.62

Juvenis A

1. Ilias EIFallaki , ELACHARAFI	06	C.N. Alcala	4:45.38 557
50m: 30.28 30.28	150m: 1:43.43 38.28	250m: 3:02.00 41.82	350m: 4:15.90 31.72
100m: 1:05.15 34.87	200m: 2:20.18 36.75	300m: 3:44.18 42.18	400m: 4:45.38 29.48
2. Alvaro Hurtado , JIMENEZ	06	C.N. Alcala	4:56.02 499
50m: 30.49 30.49	150m: 1:46.44 39.93	250m: 3:02.70 33.16	350m: 4:20.54 36.66
100m: 1:06.51 36.02	200m: 2:29.54 43.10	300m: 3:43.88 41.18	400m: 4:56.02 35.48

Juniores

1. David Martinez Ponce de, LEON	04	C.N. Huelva	5:05.87 452
50m: 30.30 30.30	150m: 1:46.63 40.86	250m: 3:10.95 44.08	350m: 4:32.90 36.67
100m: 1:05.77 35.47	200m: 2:26.87 40.24	300m: 3:56.23 45.28	400m: 5:05.87 32.97

Seniores

1. Jesus Galindo , FLORES	03	C.N. Alcala	4:46.74 549
50m: 28.87 28.87	150m: 1:40.87 37.53	250m: 2:58.99 41.90	350m: 4:15.74 33.18
100m: 1:03.34 34.47	200m: 2:17.09 36.22	300m: 3:42.56 43.57	400m: 4:46.74 31.00
2. Pablo, CRESPO JOSE	03	C.N. Mairena Aljarafe	5:05.59 453
50m: 30.57 30.57	150m: 1:45.24 38.71	250m: 3:06.64 44.15	350m: 4:29.31 36.72
100m: 1:06.53 35.96	200m: 2:22.49 37.25	300m: 3:52.59 45.95	400m: 5:05.59 36.28

DSQ Sergio Figueroa, PEREZ-MARIN 03 C.N. Huelva
720 - Toque alternado na viragem aos 250 m - SW 7.6