

Campeonatos Regionais de Clubes_Infantis e Absolutos
Portimão, 7 - 8/5/2022

Prova 46

Femin., 400m Livres

Absolutos

08/05/2022 - 11:45

Resultados

Pontos: FINA 2022

Lugar			Ano					Tempo final	Pts
1.	Carlota Costa, BOLEIXA		08	Louletano / Loule Concelho				4:48.82	
	50m:	30.75 30.75	150m:	1:41.25	36.10	250m:	2:55.80 37.77	350m:	4:12.56 38.41
	100m:	1:05.15 34.40	200m:	2:18.03	36.78	300m:	3:34.15 38.35	400m:	4:48.82 36.26
2.	Mariana Coelho, SANTOS		04	Lagoa AC				4:48.96	
	50m:	31.77 31.77	150m:	1:44.18	36.89	250m:	2:59.08 37.59	350m:	4:13.61 37.12
	100m:	1:07.29 35.52	200m:	2:21.49	37.31	300m:	3:36.49 37.41	400m:	4:48.96 35.35
3.	Raquel Rodrigues, AUGUSTO		07	FC Ferreiras/AlgarExperience				5:14.39	
	50m:	34.47 34.47	150m:	1:54.88	41.19	250m:	3:17.91 41.60	350m:	4:38.39 39.31
	100m:	1:13.69 39.22	200m:	2:36.31	41.43	300m:	3:59.08 41.17	400m:	5:14.39 36.00
4.	Margarida Santos, JESUS		09	Natacao de Olhao				5:18.93	
	50m:	34.84 34.84	150m:	1:54.50	41.08	250m:	3:17.90 41.96	350m:	4:40.20 41.75
	100m:	1:13.42 38.58	200m:	2:35.94	41.44	300m:	3:58.45 40.55	400m:	5:18.93 38.73
5.	Leonor Martins, COSTA		09	Natacao de Lagos				5:34.41	
	50m:	36.12 36.12	150m:	1:58.40	42.36	250m:	3:25.62 43.61	350m:	4:52.02 43.03
	100m:	1:16.04 39.92	200m:	2:42.01	43.61	300m:	4:08.99 43.37	400m:	5:34.41 42.39
DSQ	Ana Teresa, ROMAO		06	Naval de Faro					
	-., Excesso de Atletas do mesmo Clube na Prova								
EXH	Joana Santos, CRUZ		06	Naval de Faro				5:14.32	
	50m:	33.81 33.81	150m:	1:51.01	39.77	250m:	3:13.00 41.08	350m:	4:35.16 40.76
	100m:	1:11.24 37.43	200m:	2:31.92	40.91	300m:	3:54.40 41.40	400m:	5:14.32 39.16
EXH	Carlota Filipa, SILVA		08	Portinado				5:43.46	
	50m:	33.61 33.61	150m:	1:57.64	43.51	250m:	3:28.03 45.93	350m:	4:59.70 44.93
	100m:	1:14.13 40.52	200m:	2:42.10	44.46	300m:	4:14.77 46.74	400m:	5:43.46 43.76