

Prova 2

Femin., 400m Estilos

Juvenis

28/05/2022 - 15:50

Resultados

Recordes Regionais Absoluto	4:49.84	Ana Beatriz, PEREIRA	LDC	S. Antonio Cavaleiros	20/12/2009
Recordes Regionais Juv A	5:09.17	Laura Fabiana, ESTEVENS	CNO	Sines	06/12/2019
Recordes Regionais Juv B	5:11.38	Laura Fabiana, ESTEVENS	CNOL	Silves	16/03/2019

Pontos: FINA 2021

Lugar			Ano					Tempo final	Pts		
Juvenis B											
1.	Carlota Costa, BOLEIXA		08	Louletano / Loule Concelho				5:31.79	475		
	50m:	35.25 35.25	150m:	1:59.39	40.89	250m:	3:27.32	47.35	350m:	4:53.45	37.93
	100m:	1:18.50 43.25	200m:	2:39.97	40.58	300m:	4:15.52	48.20	400m:	5:31.79	38.34
2.	Alana Capela, LYRA		08	Lagoa AC				6:15.83	327		
	50m:	39.36 39.36	150m:	2:16.38	48.83	250m:	3:55.95	52.89	350m:	5:33.05	43.68
	100m:	1:27.55 48.19	200m:	3:03.06	46.68	300m:	4:49.37	53.42	400m:	6:15.83	42.78
3.	Renata, ILICIUK		08	Louletano / Loule Concelho				6:33.58	284		
	50m:	43.69 43.69	150m:	2:24.07	50.15	250m:	4:07.11	55.32	350m:	5:48.99	47.00
	100m:	1:33.92 50.23	200m:	3:11.79	47.72	300m:	5:01.99	54.88	400m:	6:33.58	44.59
4.	Sofia Afonso, SILVA		08	Naval de Faro				6:47.18	257		
	50m:	46.11 46.11	150m:	2:30.63	51.43	250m:	4:14.81	54.32	350m:	5:59.55	48.37
	100m:	1:39.20 53.09	200m:	3:20.49	49.86	300m:	5:11.18	56.37	400m:	6:47.18	47.63

Juvenis A

1.	Beatriz Silva, LOURO		07	Louletano / Loule Concelho				5:13.26	564		
	50m:	32.96 32.96	150m:	1:51.63	39.47	250m:	3:15.80	44.13	350m:	4:37.56	36.46
	100m:	1:12.16 39.20	200m:	2:31.67	40.04	300m:	4:01.10	45.30	400m:	5:13.26	35.70
2.	Leonor Faisca, GUERREIRO		07	Louletano / Loule Concelho				5:41.21	437		
	50m:	36.69 36.69	150m:	2:04.65	43.57	250m:	3:36.86	49.29	350m:	5:04.95	38.25
	100m:	1:21.08 44.39	200m:	2:47.57	42.92	300m:	4:26.70	49.84	400m:	5:41.21	36.26
3.	Julia Norte, DRENTJE		07	Louletano / Loule Concelho				5:42.00	434		
	50m:	35.81 35.81	150m:	1:59.81	43.04	250m:	3:34.23	52.32	350m:	5:04.91	38.31
	100m:	1:16.77 40.96	200m:	2:41.91	42.10	300m:	4:26.60	52.37	400m:	5:42.00	37.09
4.	Mariana Figueira, RODEIA		07	Louletano / Loule Concelho				5:53.62	392		
	50m:	36.25 36.25	150m:	2:06.67	45.75	250m:	3:41.70	48.25	350m:	5:11.73	39.59
	100m:	1:20.92 44.67	200m:	2:53.45	46.78	300m:	4:32.14	50.44	400m:	5:53.62	41.89
5.	Ana Margarida, CERQUEIRA		07	Louletano / Loule Concelho				6:03.07	362		
	50m:	37.84 37.84	150m:	2:10.11	47.03	250m:	3:49.22	51.19	350m:	5:22.11	41.99
	100m:	1:23.08 45.24	200m:	2:58.03	47.92	300m:	4:40.12	50.90	400m:	6:03.07	40.96
6.	Beatriz Isabel, SANTOS		07	Natacao de Olhao				6:17.24	323		
	50m:	45.16 45.16	150m:	2:27.77	47.41	250m:	4:03.16	49.07	350m:	5:36.64	42.76
	100m:	1:40.36 55.20	200m:	3:14.09	46.32	300m:	4:53.88	50.72	400m:	6:17.24	40.60