

Prova 4 Juvenis  
28/05/2022 - 17:30 Resultados

Recordes Regionais Absoluto	16:00.92	Ricardo Sousa, FILIPE	LDC	Leiria	06/12/2009
Recordes Regionais Juv. A	16:35.72	Eduardo Cardoso, LOPES	LDC	Leiria	14/12/2014
Recordes Regionais Juv. B	16:41.29	Eduardo Cardoso, LOPES	LDC	Silves	16/03/2014

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
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Juvenis B

1. David Martins, CARMO	07	Natacao de Olhao	<b>18:49.42</b>	423
100m: 1:09.66 1:09.66	500m: 6:07.31 1:15.24	900m: 11:11.70 1:16.53	1300m: 16:19.58 1:16.66	
200m: 2:22.45 1:12.79	600m: 7:23.14 1:15.83	1000m: 12:28.50 1:16.80	1400m: 17:35.28 1:15.70	
300m: 3:36.97 1:14.52	700m: 8:39.92 1:16.78	1100m: 13:45.91 1:17.41	1500m: 18:49.42 1:14.14	
400m: 4:52.07 1:15.10	800m: 9:55.17 1:15.25	1200m: 15:02.92 1:17.01		
2. Pedro Mestre, FAISCA	07	Louletano / Loule Concelho	<b>19:35.57</b>	375
100m: 1:12.06 1:12.06	500m: 6:16.20 1:17.91	900m: 11:32.40 1:19.73	1300m: 16:53.34 1:21.67	
200m: 2:26.96 1:14.90	600m: 7:34.61 1:18.41	1000m: 12:51.50 1:19.10	1400m: 18:15.62 1:22.28	
300m: 3:42.40 1:15.44	700m: 8:54.95 1:20.34	1100m: 14:10.92 1:19.42	1500m: 19:35.57 1:19.95	
400m: 4:58.29 1:15.89	800m: 10:12.67 1:17.72	1200m: 15:31.67 1:20.75		
3. Henrique Perez, BRESSAN	07	Portinado	<b>19:51.50</b>	360
100m: 1:10.14 1:10.14	500m: 6:29.05 1:20.90	900m: 11:54.65 1:20.68	1300m: 17:17.21 1:21.09	
200m: 2:27.28 1:17.14	600m: 7:50.46 1:21.41	1000m: 13:15.22 1:20.57	1400m: 18:35.61 1:18.40	
300m: 3:47.60 1:20.32	700m: 9:12.27 1:21.81	1100m: 14:35.99 1:20.77	1500m: 19:51.50 1:15.89	
400m: 5:08.15 1:20.55	800m: 10:33.97 1:21.70	1200m: 15:56.12 1:20.13		
4. Alexandre Miguel, EIRA	07	Portinado	<b>19:58.53</b>	354
100m: 1:13.32 1:13.32	500m: 6:29.67 1:21.10	900m: 11:54.73 1:19.47	1300m: 17:20.16 1:21.03	
200m: 2:30.87 1:17.55	600m: 7:51.49 1:21.82	1000m: 13:16.63 1:21.90	1400m: 18:41.43 1:21.27	
300m: 3:48.88 1:18.01	700m: 9:12.58 1:21.09	1100m: 14:38.36 1:21.73	1500m: 19:58.53 1:17.10	
400m: 5:08.57 1:19.69	800m: 10:35.26 1:22.68	1200m: 15:59.13 1:20.77		
5. Dario Cristiano, MARICI	07	Louletano / Loule Concelho	<b>21:34.89</b>	280
100m: 1:18.48 1:18.48	500m: 7:02.22 1:27.40	900m: 12:52.08 1:28.09	1300m: 18:42.90 1:27.90	
200m: 2:42.18 1:23.70	600m: 8:29.57 1:27.35	1000m: 14:19.33 1:27.25	1400m: 20:09.88 1:26.98	
300m: 4:08.01 1:25.83	700m: 9:57.04 1:27.47	1100m: 15:46.83 1:27.50	1500m: 21:34.89 1:25.01	
400m: 5:34.82 1:26.81	800m: 11:23.99 1:26.95	1200m: 17:15.00 1:28.17		

Juvenis A

1. Yury, FOMIN	06	Louletano / Loule Concelho	<b>16:59.41</b>	575
100m: 1:02.78 1:02.78	500m: 5:31.82 1:07.91	900m: 10:04.93 1:08.92	1300m: 14:42.26 1:09.89	
200m: 2:08.97 1:06.19	600m: 6:39.35 1:07.53	1000m: 11:14.16 1:09.23	1400m: 15:51.42 1:09.16	
300m: 3:16.28 1:07.31	700m: 7:47.30 1:07.95	1100m: 12:22.81 1:08.65	1500m: 16:59.41 1:07.99	
400m: 4:23.91 1:07.63	800m: 8:56.01 1:08.71	1200m: 13:32.37 1:09.56		
2. Mark Ronald, PINTO	06	Louletano / Loule Concelho	<b>18:02.71</b>	480
100m: 1:09.40 1:09.40	500m: 5:56.96 1:11.80	900m: 11:23.76 1:13.31	1300m:	
200m: 2:20.80 1:11.40	600m:	1000m: 12:36.55 1:12.79	1400m:	
300m: 3:32.97 1:12.17	700m:	1100m: 13:50.12 1:13.57	1500m: 18:02.71	
400m: 4:45.16 1:12.19	800m: 10:10.45	1200m:		
3. Pedro Sousa, GONCALVES	06	Natacao de Olhao	<b>18:07.55</b>	474
100m: 1:06.65 1:06.65	500m: 5:56.58 1:12.40	900m: 10:51.19 1:14.00	1300m: 15:46.37 1:14.47	
200m: 2:18.45 1:11.80	600m: 7:09.49 1:12.91	1000m: 12:04.64 1:13.45	1400m: 16:57.99 1:11.62	
300m: 3:31.11 1:12.66	700m: 8:23.55 1:14.06	1100m: 13:18.22 1:13.58	1500m: 18:07.55 1:09.56	
400m: 4:44.18 1:13.07	800m: 9:37.19 1:13.64	1200m: 14:31.90 1:13.68		
4. Alexandre Santos, PIRES	06	Natacao de Olhao	<b>19:20.19</b>	390
100m: 1:10.68 1:10.68	500m: 6:17.18 1:18.47	900m: 11:33.29 1:19.59	1300m: 16:46.51 1:18.18	
200m: 2:26.14 1:15.46	600m: 7:35.27 1:18.09	1000m: 12:51.11 1:17.82	1400m: 18:05.00 1:18.49	
300m: 3:42.17 1:16.03	700m: 8:54.85 1:19.58	1100m: 14:10.17 1:19.06	1500m: 19:20.19 1:15.19	
400m: 4:58.71 1:16.54	800m: 10:13.70 1:18.85	1200m: 15:28.33 1:18.16		

Prova 4, Masc., 1500m Livres, Juvenis A

Lugar			Ano					Tempo final	Pts			
5.	Nicolae, FISTICANU		06	Louletano / Loule Concelho				<b>19:35.37</b>	375			
	100m:	1:12.53	1:12.53	500m:	6:20.26	1:17.43	900m:	11:35.97	1:19.52	1300m:	16:56.65	1:21.11
	200m:			600m:	7:38.41	1:18.15	1000m:	12:56.97	1:21.00	1400m:	18:16.92	1:20.27
	300m:	3:45.30		700m:	8:57.34	1:18.93	1100m:	14:15.94	1:18.97	1500m:	19:35.37	1:18.45
	400m:	5:02.83	1:17.53	800m:	10:16.45	1:19.11	1200m:	15:35.54	1:19.60			