

Campeonato Nacional Inverno - Natação Adaptada  
Porto, 29 e 30 de Janeiro de 2022

Prova 19 Femin., 800m Livres 10 anos e mais velhos  
11/06/2022 Resultados

Rec Nac Adaptada S14	13:17.40	Sonia Castanheiro RESENDE	SCA	Mealhada	08/02/2015
Rec Nac Adaptada S15	59:00.00	start			
Rec Nac Adaptada S17	59:00.00	start			
Rec Nac Adaptada S21	14:32.29	Filipa Sa REIS	FVCD	Recarei	22/05/2022

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Classe S14-Absolutos

1.	Diana Vieira SIMOES	98	S14	W	Sporting Clube de Aveiro	<b>13:36.75</b>	356	9,00
	50m: 44.02 44.02	250m: 4:13.49	54.14	450m: 7:43.35	51.75	650m: 11:07.20	50.32	
	100m: 1:33.71 49.69	300m: 5:06.37	52.88	500m: 8:34.42	51.07	700m: 11:57.23	50.03	
	150m: 2:25.10 51.39	350m: 5:59.48	53.11	550m: 9:25.86	51.44	750m: 12:48.18	50.95	
	200m: 3:19.35 54.25	400m: 6:51.60	52.12	600m: 10:16.88	51.02	800m: 13:36.75	48.57	
2.	Maria Mafalda SOARES	02	S14		Seleção da Assoc. Natação	<b>15:25.83</b>	244	7,00
	50m: 51.57 51.57	250m: 4:43.60	59.15	450m: 7:43.56	3.13	650m: 12:37.61	59.56	
	100m: 1:47.99 56.42	300m: 5:42.43	58.83	500m: 9:38.91	1:55.35	700m: 13:36.67	59.06	
	150m: 2:45.89 57.90	350m: 6:41.20	58.77	550m: 10:38.49	59.58	750m: 14:35.46	58.79	
	200m: 3:44.45 58.56	400m: 7:40.43	59.23	600m: 11:38.05	59.56	800m: 15:25.83	50.37	
3.	Beatriz Moreira ALMEIDA	04	S14		Seleção da Assoc. Natação	<b>16:51.85</b>	187	6,00
	50m: 58.28 58.28	250m: 5:07.05	1:03.55	450m: 9:24.27	1:03.80	650m: 13:43.41	1:04.34	
	100m: 1:59.54 1:01.26	300m: 6:10.74	1:03.69	500m: 10:28.25	1:03.98	700m: 14:48.46	1:05.05	
	150m: 3:00.94 1:01.40	350m: 7:14.79	1:04.05	550m: 11:34.44	1:06.19	750m: 15:52.18	1:03.72	
	200m: 4:03.50 1:02.56	400m: 8:20.47	1:05.68	600m: 12:39.07	1:04.63	800m: 16:51.85	59.67	
4.	Susana Raquel GOUVEIA	89	S14		Seleção da Assoc. Natação	<b>17:27.51</b>	169	5,00
	50m: 54.84 54.84	250m: 5:16.43	1:06.34	450m: 9:46.32	1:06.49	650m: 14:12.40	1:06.02	
	100m: 1:57.48 1:02.64	300m: 6:24.66	1:08.23	500m: 10:53.28	1:06.96	700m: 15:18.08	1:05.68	
	150m: 3:04.27 1:06.79	350m: 7:33.93	1:09.27	550m: 12:00.02	1:06.74	750m: 16:23.72	1:05.64	
	200m: 4:10.09 1:05.82	400m: 8:39.83	1:05.90	600m: 13:06.38	1:06.36	800m: 17:27.51	1:03.79	