Prova 22 | Masc., 400m Livres | 13 anos e mais velhos
19/06/2022 - 11:05 | Resultados

Recordes Regionais (PL) Absoluto	3:57.11	Miguel Martins, PIRES	LDC	Jamor	30/07/2004
Recordes Regionais (PL) Sen	3:57.11	Miguel Martins, PIRES	LDC	Jamor	30/07/2004
Recordes Regionais (PL) 18	4:05.41	João Duarte, SANTOS	CNOL	Famalicão	20/07/2013
Recordes Regionais (PL) 17	4:04.65	Joao Duarte, SANTOS	CNOL	Oeiras	28/07/2012
Recordes Regionais (PL) Juv. A	4:10.88	Joao Duarte, SANTOS	CNOL	Paphos (CYP)	25/06/2011
Recordes Regionais (PL) Juv. B	4:09.85	Tiago Miguel, VILHENA	CNFA	Oeiras	23/07/2016
Recordes Regionais (PL) Inf. A	4:20.30	Tiago Miguel, VILHENA	CNFA	Oeiras	18/07/2015
Recordes Regionais (PL) Inf. B	4:33.46	Tiago Miguel, VILHENA	CNFA	Loule	19/07/2014
Rec Nac Adaptada S21	5:59.96	Andre Reis, ALMEIDA	SCP	Oeiras	11/05/2019
Rec Nac Adaptada S7	5:31.30	Daniel Carlos, VIDEIRA	GESL	Povoa de Varzim	12/05/2018
Rec Nac Adaptada S14	5:07.36	Samuel Lima, DUARTE	FVCD	Porto	26/06/2021
Rec Nac Adaptada S6	5:15.72	Daniel Carlos, VIDEIRA	POR	Funchal	19/05/2021

Pontos: FINA 2022

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
Infantis B								
1. Diogo Filipe, CARDOSO	09	Natacao de Olhao	**5:25.14**	310	1:18.47	1:25.85	1:22.95	1:17.87
50m:		150m:	250m:			350m:		
100m: 1:18.47		200m: 2:44.32	300m: 4:07.27			400m: 5:25.14		
2. Joao Tomas, NUNES	09	Aquatico Silves	**5:28.70**	300	1:16.38	1:25.03	1:27.06	1:20.23
50m:		150m:	250m:			350m:		
100m: 1:16.38		200m: 2:41.41	300m: 4:08.47			400m: 5:28.70		
3. Max Faria, BOLOTINHA	09	Louletano / Loule Concelhc	**5:28.95**	299	1:15.88	1:24.56	1:26.54	1:21.97
50m:		150m:	250m:			350m:		
100m: 1:15.88		200m: 2:40.44	300m: 4:06.98			400m: 5:28.95		
4. Mateus Inacio, SILVA	09	Portinado	**5:58.03**	232	1:19.86	1:31.54	1:35.02	1:31.61
50m:		150m:	250m:			350m:		
100m: 1:19.86		200m: 2:51.40	300m: 4:26.42			400m: 5:58.03		
5. F., BACALHAU	09	FC Ferreiras/AlgarExperien	**5:58.60**	231	1:21.26	1:34.10	1:33.93	1:29.31
50m:		150m:	250m:			350m:		
100m: 1:21.26		200m: 2:55.36	300m: 4:29.29			400m: 5:58.60		
6. Tomas Santos, MIGUEL	09	Aquatico Silves	**5:59.31**	229	1:23.03	1:33.23	1:33.73	1:29.32
50m:		150m:	250m:			350m:		
100m: 1:23.03		200m: 2:56.26	300m: 4:29.99			400m: 5:59.31		
7. Francisco Schneider, DIO	09	Naval de Faro	**6:39.22**	167	1:32.32	1:43.36	1:45.91	1:37.63
50m:		150m:	250m:			350m:		
100m: 1:32.32		200m: 3:15.68	300m: 5:01.59			400m: 6:39.22		
Infantis A								
1. Andriy, FEDOROV	08	FC Ferreiras/AlgarExperien	**4:59.37**	397	1:10.15	1:17.40	1:18.00	1:13.82
50m:		150m:	250m:			350m:		
100m: 1:10.15		200m: 2:27.55	300m: 3:45.55			400m: 4:59.37		
2. Santiago Ganso, PERDIG	08	Lagoa AC	**5:08.12**	364	1:10.64	1:19.60	1:19.34	1:18.54
50m:		150m:	250m:			350m:		
100m: 1:10.64		200m: 2:30.24	300m: 3:49.58			400m: 5:08.12		
3. Diogo Jose, MATEUS	08	Lagoa AC	**5:15.34**	339	1:14.62	1:20.75	1:21.35	1:18.62
50m:		150m:	250m:			350m:		
100m: 1:14.62		200m: 2:35.37	300m: 3:56.72			400m: 5:15.34		
4. Joao Terceiro, LOPES	08	Portinado	**5:18.40**	330	1:13.03	1:22.73	1:22.93	1:19.71
50m:		150m:	250m:			350m:		
100m: 1:13.03		200m: 2:35.76	300m: 3:58.69			400m: 5:18.40		
5. Alexandre Moço Teixeira,	08	RIA Aqua Tavira	**5:21.58**	320	1:13.25	1:22.99	1:25.28	1:20.06
50m:		150m:	250m:			350m:		
100m: 1:13.25		200m: 2:36.24	300m: 4:01.52			400m: 5:21.58		
6. Eugenio, PASECHKO	08	Natacao de Lagos	**5:30.46**	295	1:12.81	1:24.35	1:29.55	1:23.75
50m:		150m:	250m:			350m:		
100m: 1:12.81		200m: 2:37.16	300m: 4:06.71			400m: 5:30.46		
7. Gabriel Correia, BAIAO	08	Lagoa AC	**5:35.79**	281	1:20.15	1:28.34	1:27.46	1:19.84
50m:		150m:	250m:			350m:		
100m: 1:20.15		200m: 2:48.49	300m: 4:15.95			400m: 5:35.79		

Prova 22, Masc., 400m Livres, Infantis A

Lugar		Ano		Tempo final	Pts	100m	200m	300m	400m
8.	Angel Gabriel, LOPES	08	Louletano / Loule Concelhc	**5:47.81**	253	1:17.78	1:29.81	1:32.50	1:27.72
	50m:		150m:	250m:		350m:			
	100m: 1:17.78		200m: 2:47.59	300m: 4:20.09		400m: 5:47.81			
9.	Francisco Morgado, VIEGA	08	Naval de Faro	**5:55.58**	237	1:20.24	1:31.67	1:33.58	1:30.09
	50m:		150m:	250m:		350m:			
	100m: 1:20.24		200m: 2:51.91	300m: 4:25.49		400m: 5:55.58			
10.	Martim Miguel, BAPTISTA	08	Portinado	**5:56.70**	234	1:21.98	1:31.99	1:32.29	1:30.44
	50m:		150m:	250m:		350m:			
	100m: 1:21.98		200m: 2:53.97	300m: 4:26.26		400m: 5:56.70			
11.	Rafael Neves, PITEIRA	08	Naval de Faro	**6:00.58**	227	1:25.53	1:35.50	1:33.40	1:26.15
	50m:		150m:	250m:		350m:			
	100m: 1:25.53		200m: 3:01.03	300m: 4:34.43		400m: 6:00.58			
12.	Dmitro, STRUK	08	Louletano / Loule Concelhc	**6:02.45**	223	1:19.78	1:33.01	1:37.44	1:32.22
	50m:		150m:	250m:		350m:			
	100m: 1:19.78		200m: 2:52.79	300m: 4:30.23		400m: 6:02.45			
13.	Miguel Palma, MATOS	08	Naval de Faro	**6:04.19**	220	1:21.89	1:33.93	1:37.71	1:30.66
	50m:		150m:	250m:		350m:			
	100m: 1:21.89		200m: 2:55.82	300m: 4:33.53		400m: 6:04.19			
14.	Dinis Andre, GONCALVES	08	Aquatico Silves	**6:04.64**	219	1:21.71	1:32.40	1:35.49	1:35.04
	50m:		150m:	250m:		350m:			
	100m: 1:21.71		200m: 2:54.11	300m: 4:29.60		400m: 6:04.64			

Juvenis B

1.	David Martins, CARMO	07	Natacao de Olhao	**4:52.67**	425	1:08.89	1:15.27	1:15.59	1:12.92
	50m:		150m:	250m:		350m:			
	100m: 1:08.89		200m: 2:24.16	300m: 3:39.75		400m: 4:52.67			
2.	Miguel Lourenco, VELHINI	07	Lagoa AC	**5:00.13**	394	1:09.31	1:17.45	1:18.20	1:15.17
	50m:		150m:	250m:		350m:			
	100m: 1:09.31		200m: 2:26.76	300m: 3:44.96		400m: 5:00.13			
3.	Alexandre Rijo, ARVELA	07	FC Ferreiras/AlgarExperien	**5:17.91**	331	1:14.49	1:22.36	1:22.23	1:18.83
	50m:		150m:	250m:		350m:			
	100m: 1:14.49		200m: 2:36.85	300m: 3:59.08		400m: 5:17.91			
4.	Diogo Parente, FRAGA	07	Portinado	**5:24.71**	311	1:13.96	1:24.33	1:25.37	1:21.05
	50m:		150m:	250m:		350m:			
	100m: 1:13.96		200m: 2:38.29	300m: 4:03.66		400m: 5:24.71			

Juvenis A

1.	Alexandre Santos, PIRES	06	Natacao de Olhao	**5:07.45**	366	1:11.04	1:16.18	1:20.50	1:19.73
	50m:		150m:	250m:		350m:			
	100m: 1:11.04		200m: 2:27.22	300m: 3:47.72		400m: 5:07.45			

Juniores

1.	Martim Rodrigues, AFONS	04	Aquatico Silves	**4:34.63**	514	1:02.78	1:10.42	1:10.78	1:10.65
	50m:		150m:	250m:		350m:			
	100m: 1:02.78		200m: 2:13.20	300m: 3:23.98		400m: 4:34.63			
2.	Marin, CEPELEAGA	05	Portinado	**4:53.25**	422	1:02.96	1:12.93	1:16.89	1:20.47
	50m:		150m:	250m:		350m:			
	100m: 1:02.96		200m: 2:15.89	300m: 3:32.78		400m: 4:53.25			
3.	Vasco Andre, BARROSAO	04	Portinado	**5:21.51**	320	1:11.06	1:24.02	1:25.16	1:21.27
	50m:		150m:	250m:		350m:			
	100m: 1:11.06		200m: 2:35.08	300m: 4:00.24		400m: 5:21.51			

Seniores

1.	Pedro Naia, GONCALVES	80	O2-Portimao	**6:33.56**	174	1:28.49	1:39.08	1:46.86	1:39.13
	50m:		150m:	250m:		350m:			
	100m: 1:28.49		200m: 3:07.57	300m: 4:54.43		400m: 6:33.56			
2.	Vitor Manuel, GARCIA	68	O2-Portimao	**7:58.40**	97	1:47.33	2:06.12	2:04.64	2:00.31
	50m:		150m:	250m:		350m:			
	100m: 1:47.33		200m: 3:53.45	300m: 5:58.09		400m: 7:58.40			