

Campeonato Regional de Juv\_Abs\_NA\_Masters  
Loule, 15 - 17/7/2022

Prova 33 Masc., 400m Livres Absolutos  
16/07/2022 - 9:05 Resultados

Recordes Regionais (PL) Absoluto	3:57.11	Miguel Martins, PIRES	LDC	Jamor	30/07/2004
Recordes Regionais (PL) Sen	3:57.11	Miguel Martins, PIRES	LDC	Jamor	30/07/2004
Recordes Regionais (PL) 18	4:05.41	João Duarte, SANTOS	CNOL	Famalicão	20/07/2013
Recordes Regionais (PL) 17	4:04.65	Joao Duarte, SANTOS	CNOL	Oeiras	28/07/2012
Recordes Regionais (PL) Juv. A	4:10.88	Joao Duarte, SANTOS	CNOL	Paphos (CYP)	25/06/2011
Recordes Regionais (PL) Juv. B	4:09.85	Tiago Miguel, VILHENA	CNFA	Oeiras	23/07/2016
Rec Nac S21	5:59.96	Andre Reis, ALMEIDA	SCP	Oeiras	11/05/2019
Rec Nac S17	6:18.94	Miguel Paiva, BRANCO	APPDAC	Porto	29/01/2022
Rec Nac S14	5:07.36	Samuel Lima, DUARTE	FVCD	Porto	26/06/2021
Rec Nac S6	5:15.72	Daniel Carlos, VIDEIRA	POR	Funchal	19/05/2021
Rec Nac S7	5:31.30	Daniel Carlos, VIDEIRA	GESL	Povoa de Varzim	12/05/2018
Rec Nac S8	4:45.39	Diogo Luis, CANCELA	ALN	Coimbra	03/04/2022

Pontos: FINA 2022

Lugar Ano Tempo final Pts 100m 200m 300m 400m

Juvenis B

1. David Martins, CARMO	07	Natacao de Olhao	<b>4:42.38</b>	473	1:05.03	1:12.11	1:12.87	1:12.37
50m:		150m:	250m:		350m:			
100m: 1:05.03		200m: 2:17.14	300m: 3:30.01		400m: 4:42.38			
2. Joao Valente, MARTINS	07	Louletano / Loule Concelhc	<b>4:48.30</b>	444	1:04.35	1:13.48	1:16.54	1:13.93
50m:		150m:	250m:		350m:			
100m: 1:04.35		200m: 2:17.83	300m: 3:34.37		400m: 4:48.30			
3. Tiago Miguel, COSTA	07	Portinado	<b>4:53.81</b>	420	1:05.69	1:15.46	1:17.13	1:15.53
50m:		150m:	250m:		350m:			
100m: 1:05.69		200m: 2:21.15	300m: 3:38.28		400m: 4:53.81			
4. M., VELHINHO	07	Lagoa AC	<b>4:56.29</b>	409	1:09.25	1:14.94	1:16.09	1:16.01
50m:		150m:	250m:		350m:			
100m: 1:09.25		200m: 2:24.19	300m: 3:40.28		400m: 4:56.29			
5. Pedro Mestre, FAISCA	07	Louletano / Loule Concelhc	<b>5:03.12</b>	382	1:09.34	1:14.64	1:17.90	1:21.24
50m:		150m:	250m:		350m:			
100m: 1:09.34		200m: 2:23.98	300m: 3:41.88		400m: 5:03.12			

Juvenis A

1. Alexandre Santos, PIRES	06	Natacao de Olhao	<b>5:02.98</b>	383	1:07.70	1:17.37	1:18.57	1:19.34
50m:		150m:	250m:		350m:			
100m: 1:07.70		200m: 2:25.07	300m: 3:43.64		400m: 5:02.98			

Absolutos

1. Hugo Miguel, VIEGAS	02	Natacao de Olhao	<b>4:28.79</b>	548	1:02.46	1:09.04	1:09.61	1:07.68
50m:		150m:	250m:		350m:			
100m: 1:02.46		200m: 2:11.50	300m: 3:21.11		400m: 4:28.79			
2. M., AFONSO	04	Aquatico Silves	<b>4:35.82</b>	507	1:02.52	1:09.28	1:11.13	1:12.89
50m:		150m:	250m:		350m:			
100m: 1:02.52		200m: 2:11.80	300m: 3:22.93		400m: 4:35.82			
3. M., RODRIGUES	05	Naval de Faro	<b>4:40.34</b>	483	1:05.10	1:12.50	1:11.32	1:11.42
50m:		150m:	250m:		350m:			
100m: 1:05.10		200m: 2:17.60	300m: 3:28.92		400m: 4:40.34			
4. David Martins, CARMO	07	Natacao de Olhao	<b>4:42.38</b>	473	1:05.03	1:12.11	1:12.87	1:12.37
50m:		150m:	250m:		350m:			
100m: 1:05.03		200m: 2:17.14	300m: 3:30.01		400m: 4:42.38			
5. Vitor, KUNYK	05	Lagoa AC	<b>4:48.05</b>	445	1:06.76	1:13.53	1:14.57	1:13.19
50m:		150m:	250m:		350m:			
100m: 1:06.76		200m: 2:20.29	300m: 3:34.86		400m: 4:48.05			
6. Joao Valente, MARTINS	07	Louletano / Loule Concelhc	<b>4:48.30</b>	444	1:04.35	1:13.48	1:16.54	1:13.93
50m:		150m:	250m:		350m:			
100m: 1:04.35		200m: 2:17.83	300m: 3:34.37		400m: 4:48.30			
7. Tiago Miguel, COSTA	07	Portinado	<b>4:53.81</b>	420	1:05.69	1:15.46	1:17.13	1:15.53
50m:		150m:	250m:		350m:			
100m: 1:05.69		200m: 2:21.15	300m: 3:38.28		400m: 4:53.81			

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Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
8. M., VELHINHO	07	Lagoa AC	<b>4:56.29</b>	409	1:09.25	1:14.94	1:16.09	1:16.01
50m:		150m:	250m:			350m:		
100m: 1:09.25		200m: 2:24.19	300m: 3:40.28			400m: 4:56.29		
9. Alexandre Santos, PIRES	06	Natacao de Olhao	<b>5:02.98</b>	383	1:07.70	1:17.37	1:18.57	1:19.34
50m:		150m:	250m:			350m:		
100m: 1:07.70		200m: 2:25.07	300m: 3:43.64			400m: 5:02.98		
10. Pedro Mestre, FAISCA	07	Louletano / Loule Concelhc	<b>5:03.12</b>	382	1:09.34	1:14.64	1:17.90	1:21.24
50m:		150m:	250m:			350m:		
100m: 1:09.34		200m: 2:23.98	300m: 3:41.88			400m: 5:03.12		
11. Rafael Luis, ALEMAO	04	Lagoa AC	<b>5:36.23</b>	280	1:10.98	1:25.54	1:30.50	1:29.21
50m:		150m:	250m:			350m:		
100m: 1:10.98		200m: 2:36.52	300m: 4:07.02			400m: 5:36.23		
12. Joao Pedro, ANTUNES	87	Lagoa AC	<b>8:48.65</b>	72	2:05.53	2:17.28	2:18.26	2:07.58
50m:		150m:	250m:			350m:		
100m: 2:05.53		200m: 4:22.81	300m: 6:41.07			400m: 8:48.65		

Classe S21

1. Joao Pedro, ANTUNES	87	Lagoa AC	<b>8:48.65</b>	72	2:05.53	2:17.28	2:18.26	2:07.58
50m:		150m:	250m:			350m:		
100m: 2:05.53		200m: 4:22.81	300m: 6:41.07			400m: 8:48.65		