

Campeonato Regional de Juv_Abs_NA_Masters
Loule, 15 - 17/7/2022

Prova 65 Masc., 800m Livres 25 - 74 anos
17/07/2022 - 9:50 Resultados

RN A(25-29)	8:46.63	Pedro Miguel, SILVA	ADRCIMM	Reguengos de Monsaraz	19/07/2019
RN J(70-74)	12:08.51	Stephen Thomas, DYSON	SAD	Budapeste (HUN)	14/08/2017
RN I(65-69)	12:03.06	Alberto Vaz, CORREIA	FS	Póvoa de Varzim	22/02/2020
RN H(60-64)	10:44.28	Paulo Paula, CARVALHO	SCP	Famalicão	09/07/2021
RN G(55-59)	9:23.23	Jose Carlos, FREITAS	CFP	Loulé	13/07/2018
RN F(50-54)	9:16.56	Jose Carlos, FREITAS	CFP	Montreal (CAN)	03/08/2014
RN E(45-49)	9:11.17	Jose Carlos, FREITAS	CFP	Oeiras	01/07/2011
RN D(40-44)	9:44.98	Rodrigo Marques, COSTA	CNLA	Budapeste (HUN)	14/08/2017
RN B(30-34)	8:53.01	Pedro Miguel, SILVA	CFV	Coimbra	20/06/2009
RN C(35-39)	9:06.02	Pedro Miguel, SILVA	CFV	Oeiras	01/07/2011

Pontos: FINA 2022

Lugar Ano Tempo final Pts

Master C

1. David Alfeirão, RODRIGUES 87 FC Ferreiras/AlgarExperience **14:24.84** 142
 100m: 1:28.83 1:28.83 300m: 5:01.08 1:48.96 500m: 8:45.30 1:52.42 700m: 12:35.92 1:54.06
 200m: 3:12.12 1:43.29 400m: 6:52.88 1:51.80 600m: 10:41.86 1:56.56 800m: 14:24.84 1:48.92

Master D

1. João Paulo, BACALHAU 81 FC Ferreiras/AlgarExperience **13:54.16** 159
 100m: 1:31.50 1:31.50 300m: 5:02.03 1:47.18 500m: 8:39.27 1:47.71 700m: 12:14.51 1:46.54
 200m: 3:14.85 1:43.35 400m: 6:51.56 1:49.53 600m: 10:27.97 1:48.70 800m: 13:54.16 1:39.65

Master F

1. Paulo Alexandre, SOUSA 72 Lagoa AC **11:35.00** 275
 100m: 1:18.20 1:18.20 300m: 4:09.18 1:26.97 500m: 7:07.42 1:29.33 700m: 10:06.30 1:29.39
 200m: 2:42.21 1:24.01 400m: 5:38.09 1:28.91 600m: 8:36.91 1:29.49 800m: 11:35.00 1:28.70

EXH Jaime Fernando, COSTA 86 Litoral Alentejano **10:39.05** 354
 100m: 1:14.12 1:14.12 300m: 3:54.28 1:20.78 500m: 6:36.57 1:20.95 700m: 9:18.84 1:21.49
 200m: 2:33.50 1:19.38 400m: 5:15.62 1:21.34 600m: 7:57.35 1:20.78 800m: 10:39.05 1:20.21