

Campeonatos Regionais de PC
Lagos , 5 - 6/11/2022

Prova 26 Femin., 1500m Livres 13 anos e mais velhos
06/11/2022 - 9:35 Resultados

Recordes Regionais Absoluto	17:45.07	Catia Raquel, MARTINHEIRA	LDC	Albufeira	27/02/2011
Recordes Regionais Sen	17:50.29	Carolina Pereira, VIANA	ACS	Silves	06/11/2021
Recordes Regionais 17	17:57.35	Laura Fabiana, ESTEVENS	GCNF	Albufeira	12/11/2021
Recordes Regionais 16	17:45.07	Catia Raquel, MARTINHEIRA	LDC	Albufeira	27/02/2011
Recordes Regionais Juv A	18:17.35	Catia Raquel, MARTINHEIRA	LDC	Faro	25/10/2009
Recordes Regionais Juv B	18:30.77	Laura Fabiana, ESTEVENS	CNOL	Albufeira	02/02/2019
Recordes Regionais Inf. A	19:39.42	Ana Teresa, ROMAO	LDC	Silves	16/03/2019

Pontos: FINA 2022

Lugar Ano Tempo final Pts

Juvenis B

1. Lara Sofia, AGUAS	09	Lagoa AC	23:26.02	278
100m: 1:23.82 1:23.82	500m: 7:38.32 1:34.16	900m: 14:00.17 1:35.82	1300m: 20:21.91 1:34.33	
200m: 2:55.95 1:32.13	600m: 9:14.07 1:35.75	1000m: 15:36.14 1:35.97	1400m: 21:55.63 1:33.72	
300m: 4:29.11 1:33.16	700m: 10:48.93 1:34.86	1100m: 17:11.97 1:35.83	1500m: 23:26.02 1:30.39	
400m: 6:04.16 1:35.05	800m: 12:24.35 1:35.42	1200m: 18:47.58 1:35.61		

Juniores

1. Maria Teresa, LUIZ	06	Lagoa AC	19:07.05	512
100m: 1:10.70 1:10.70	500m: 6:16.16 1:17.11	900m: 11:24.81 1:17.39	1300m: 16:33.92 1:17.84	
200m: 2:25.91 1:15.21	600m: 7:33.59 1:17.43	1000m: 12:42.13 1:17.32	1400m: 17:51.45 1:17.53	
300m: 3:42.15 1:16.24	700m: 8:50.70 1:17.11	1100m: 13:58.79 1:16.66	1500m: 19:07.05 1:15.60	
400m: 4:59.05 1:16.90	800m: 10:07.42 1:16.72	1200m: 15:16.08 1:17.29		
2. Julia Norte, DRENTJE	07	Louletano / Loule Concelho	19:58.69	449
100m: 1:16.04 1:16.04	500m: 6:33.76 1:19.29	900m: 11:55.41 1:20.04	1300m: 17:20.71 1:21.72	
200m: 2:35.10 1:19.06	600m: 7:54.38 1:20.62	1000m: 13:15.72 1:20.31	1400m: 18:41.73 1:21.02	
300m: 3:54.89 1:19.79	700m: 9:13.86 1:19.48	1100m: 14:37.38 1:21.66	1500m: 19:58.69 1:16.96	
400m: 5:14.47 1:19.58	800m: 10:35.37 1:21.51	1200m: 15:58.99 1:21.61		
3. Mia Alena, WERUM	07	Lagoa AC	20:21.71	424
100m: 1:15.91 1:15.91	500m: 6:42.50 1:21.95	900m: 12:12.25 1:22.58	1300m: 17:41.23 1:22.31	
200m: 2:36.50 1:20.59	600m: 8:05.06 1:22.56	1000m: 13:34.97 1:22.72	1400m: 19:03.28 1:22.05	
300m: 3:58.54 1:22.04	700m: 9:27.66 1:22.60	1100m: 14:56.85 1:21.88	1500m: 20:21.71 1:18.43	
400m: 5:20.55 1:22.01	800m: 10:49.67 1:22.01	1200m: 16:18.92 1:22.07		

Seniores

1. Mariana Coelho, SANTOS	04	Lagoa AC	18:39.24	551
100m: 1:10.40 1:10.40	500m: 6:10.30 1:15.60	900m: 11:09.14 1:15.02	1300m: 16:10.70 1:15.57	
200m: 2:24.70 1:14.30	600m: 7:24.99 1:14.69	1000m: 12:24.32 1:15.18	1400m: 17:26.71 1:16.01	
300m: 3:39.75 1:15.05	700m: 8:39.50 1:14.51	1100m: 13:39.57 1:15.25	1500m: 18:39.24 1:12.53	
400m: 4:54.70 1:14.95	800m: 9:54.12 1:14.62	1200m: 14:55.13 1:15.56		