

Torneio Especialista Juv e Abs | Torneio de Fim de Ano Inf e Adp
Tavira, 3 - 4/12/2022

Prova 6	Masc., 400m Estilos				Absolutos
03/12/2022 - 16:30					Resultados
Recordes Regionais Absoluto	4:22.94	Nuno Goncalo, QUINTANILHA	LDC	Sines	21/12/2008
Recordes Regionais Sen	4:22.94	Nuno Goncalo, QUINTANILHA	LDC	Sines	21/12/2008
Recordes Regionais Jun. 2	4:33.99	Hugo Cascais, RODRIGUES	LDC	Tavira	19/11/2006
Recordes Regionais Jun. 1	4:32.43	Tiago Miguel, VILHENA	CNFA	Porto	08/12/2017
Recordes Regionais Juv. A	4:40.70	Tiago Miguel, VILHENA	CNFA	Guarda	02/12/2016
Recordes Regionais Juv. B	4:40.24	Tiago Miguel, VILHENA	CNFA	Setubal	04/12/2015
Recordes Regionais Inf. A	4:57.24	Tiago Miguel, VILHENA	CNFA	Silves	04/12/2015
Recordes Regionais Inf. B	5:21.08	Bernardo Antonio, ALVES	LDC	Sto António Cavaleiros	16/03/2012
Rec Nac Adaptada S21	6:20.31	Joao Francisco, VAZ	POR	Ferrara (ITA)	07/10/2021
Rec Nac Adaptada S17	59:00.00	start,			
Rec Nac Adaptada S14	5:55.17	Samuel Lima, DUARTE	FVCD	Recarei	22/05/2022

Pontos: FINA 2022

Lugar	Ano		Tempo final				Pts
Infantis							
1.	Diogo Filipe, CARDOSO	09	Natacao Olhao	5:55.22			288
	50m: 36.19 36.19	150m: 2:06.97	47.88	250m: 3:43.94	51.15	350m: 5:16.87	40.43
	100m: 1:19.09 42.90	200m: 2:52.79	45.82	300m: 4:36.44	52.50	400m: 5:55.22	38.35
2.	Max Faria, BOLOTINHA	09	Louletano / Loule Concelho	6:04.26			267
	50m: 39.86 39.86	150m: 2:18.32	48.62	250m: 3:54.13	49.56	350m: 5:25.09	41.48
	100m: 1:29.70 49.84	200m: 3:04.57	46.25	300m: 4:43.61	49.48	400m: 6:04.26	39.17

Juvenis B

1.	Santiago Ganso, PERDIGAO	08	Lagoa AC	5:27.10			369
	50m: 34.25 34.25	150m: 1:57.36	43.65	250m: 3:28.70	48.44	350m: 4:52.99	36.67
	100m: 1:13.71 39.46	200m: 2:40.26	42.90	300m: 4:16.32	47.62	400m: 5:27.10	34.11
2.	Diogo Jose, MATEUS	08	Lagoa AC	5:59.96			277
	50m: 38.46 38.46	150m: 2:10.28	45.04	250m: 3:49.70	54.75	350m: 5:22.45	38.25
	100m: 1:25.24 46.78	200m: 2:54.95	44.67	300m: 4:44.20	54.50	400m: 5:59.96	37.51

Juvenis A

1.	Rodrigo Malia, SANTOS	07	Louletano / Loule Concelho	5:14.35			416
	50m: 31.02 31.02	150m: 1:49.02	41.83	250m: 3:14.72	44.93	350m: 4:37.68	37.69
	100m: 1:07.19 36.17	200m: 2:29.79	40.77	300m: 3:59.99	45.27	400m: 5:14.35	36.67

Absoluto

1.	Pedro Sousa, GONCALVES	06	Natacao Olhao	5:08.09			442
	50m: 30.63 30.63	150m: 1:47.69	40.94	250m: 3:11.85	42.59	350m: 4:31.46	36.58
	100m: 1:06.75 36.12	200m: 2:29.26	41.57	300m: 3:54.88	43.03	400m: 5:08.09	36.63

Absolutos

1.	Pedro Sousa, GONCALVES	06	Natacao Olhao	5:08.09			442
	50m: 30.63 30.63	150m: 1:47.69	40.94	250m: 3:11.85	42.59	350m: 4:31.46	36.58
	100m: 1:06.75 36.12	200m: 2:29.26	41.57	300m: 3:54.88	43.03	400m: 5:08.09	36.63
2.	Rodrigo Malia, SANTOS	07	Louletano / Loule Concelho	5:14.35			416
	50m: 31.02 31.02	150m: 1:49.02	41.83	250m: 3:14.72	44.93	350m: 4:37.68	37.69
	100m: 1:07.19 36.17	200m: 2:29.79	40.77	300m: 3:59.99	45.27	400m: 5:14.35	36.67
3.	Santiago Ganso, PERDIGAO	08	Lagoa AC	5:27.10			369
	50m: 34.25 34.25	150m: 1:57.36	43.65	250m: 3:28.70	48.44	350m: 4:52.99	36.67
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Lugar			Ano					Tempo final	Pts
5.	Diogo Jose, MATEUS		08	Lagoa AC				5:59.96	277
	50m:	38.46 38.46	150m:	2:10.28	45.04	250m:	3:49.70 54.75	350m:	5:22.45 38.25
	100m:	1:25.24 46.78	200m:	2:54.95	44.67	300m:	4:44.20 54.50	400m:	5:59.96 37.51
6.	Max Faria, BOLOTINHA		09	Louletano / Loule Concelho				6:04.26	267
	50m:	39.86 39.86	150m:	2:18.32	48.62	250m:	3:54.13 49.56	350m:	5:25.09 41.48
	100m:	1:29.70 49.84	200m:	3:04.57	46.25	300m:	4:43.61 49.48	400m:	6:04.26 39.17

Classe S21(Seniores)

1.	Pedro Sousa, GONCALVES		06	Natacao Olhao				5:08.09	442
	50m:	30.63 30.63	150m:	1:47.69	40.94	250m:	3:11.85 42.59	350m:	4:31.46 36.58
	100m:	1:06.75 36.12	200m:	2:29.26	41.57	300m:	3:54.88 43.03	400m:	5:08.09 36.63
EXH	Diogo Belchior, MUNHAO		08	Elvense				6:04.26	267
	50m:	32.79 32.79	150m:	2:18.17	48.47	250m:	3:53.94 49.52	350m:	5:25.09 41.48
	100m:	1:29.70 56.91	200m:	3:04.42	46.25	300m:	4:43.61 49.67	400m:	6:04.26 39.17