

Algarve Open Masters|Campeonato Regional Masters
Albufeira , 10 - 11/12/2022

Prova 7 10/12/2022 - 17:00	Femin., 200m Bruços			25 anos e mais velhos Resultados		
RN A(25-29)	2:41.11	Joana Marques, MAIA	GCST	Mealhada		19/01/2019
RN M(85-89)	59:00.00	start,				
RN L(80-84)	5:19.56	Isabel Maria, RAIMUNDO	SAD	Tomar		08/02/2020
RN K(75-79)	4:07.05	Luisa Bessone, BASTO	SAD	Vila Franca de Xira		18/01/2020
RN J(70-74)	3:55.98	Luisa Bessone, BASTO	SAD	Caldas da Rainha		09/12/2017
RN I(65-69)	3:52.92	Luisa Maria, PINTAO	ANE	Vila Franca de Xira		18/01/2020
RN H(60-64)	3:43.37	Maria Santos, FERNANDES	LSC	Torres Novas		05/02/2022
RN G(55-59)	3:23.36	Maria Teresa, ANDRADE	FCP	Vila Franca de Xira		18/01/2020
RN F(50-54)	3:10.13	Maria Helena, CARMO	SAD	Sines		28/01/2017
RN E(45-49)	3:10.21	Claudia Patricia, NOBREGA	CNF	Vila Franca de Xira		18/01/2020
RN D(40-44)	3:01.00	Catarina Andrade, ALVES	CDN	Vila Franca de Xira		20/01/2018
RN C(35-39)	2:57.65	Ana Paula, GRILO	UDCA	Ponte da Barca		11/06/2005
RN B(30-34)	2:46.84	Diana Duarte, GOMES	CWP	Torres Novas		05/02/2022

Pontos: FINA 2022

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Master A									
1.	Marta Garanhoto, BRUNO	93	Monte Maior	3:05.05	384	42.45	47.11	48.10	47.39
2.	Daniela Ferreira, PINHEIR	94	Alcobaca	3:22.93	291	44.91	51.23	53.99	52.80
3.	C., DUARTE	95	FC Ferreiras/AlgarExperien	3:28.58	268	46.99	53.36	54.58	53.65
4.	C., SARMENTO	93	CPCD-Povoa St Iria	3:55.19	187	52.60	59.52	1:02.12	1:00.95
Master D									
1.	Inez Correa, SA	79	Lagoa AC	3:47.37	207	50.32	1:00.09	1:00.09	56.87
Master E									
1.	Carla Santa, BARBARA	75	Porto	3:20.83	300	45.32	51.54	51.96	52.01
2.	P., RODRIGUES	74	Lisboa PoolSharks	3:29.27	265	47.75	53.00	54.41	54.11
3.	Maria Catarina, CUNHA	75	Sporting de Aveiro	3:55.14	187	53.00	59.31	1:00.97	1:01.86
Master F									
1.	Ana Bernardo, BARBARA	70	Individual ANALG	4:11.72	152	54.36	1:04.89	1:06.34	1:06.13
Master G									
1.	Helena Paula, CARVALHC	64	Sporting	3:47.04	208	53.36	58.40	58.30	56.98
Master H									
1.	Maria Isabel, TORRES	60	Academica de Coimbra	3:57.80	181	52.26	1:01.28	1:04.88	59.38
2.	Maria Teresa, CORREIA	61	Obidos Criativa, EEM	4:17.54	142	59.83	1:06.02	1:06.20	1:05.49
3.	Maria Fatima, COELHO	60	Academica de Coimbra	4:18.30	141	56.98	1:05.39	1:08.49	1:07.44
4.	Wanda Maria, GIAO	62	Lagoa AC	4:30.64	122	1:00.55	1:08.19	1:11.50	1:10.40