

Torneio de Inverno de Inf. Juv. Jun. Sen  
Olhão, 18 - 19/2/2023

Prova 7 Masc., 400m Livres 13 anos e mais velhos  
18/02/2023 - 17:22 Resultados

Recordes Regionais Absoluto	3:57.59	Nathan Keith, THEODORIS	LDC	Porto	12/12/2015
Recordes Regionais Sen	3:55.02	Miguel Martins, PIRES	LDC	Felgueiras	22/11/2002
Recordes Regionais Jun. 2	4:01.65	Joao Duarte, SANTOS	CNOL	S. Antonio Cavaleiros	21/12/2012
Recordes Regionais Jun. 1	4:05.34	Joao Duarte, SANTOS	CNOL	Silves	03/12/2011
Recordes Regionais Juv. A	4:10.23	Tiago Miguel, VILHENA	SANALG	Abrantes	04/03/2017
Recordes Regionais Juv. B	4:09.85	Tiago Miguel, VILHENA	CNFA	Setubal	05/12/2015
Recordes Regionais Inf. A	4:19.82	Joao Duarte, SANTOS	CNOL	Pinhal Novo	07/03/2009
Recordes Regionais Inf. B	4:37.22	Jose Miguel, RODEIA	CNFA	Sines	08/04/2017

Pontos: FINA 2022

Lugar Nome do nadador Ano Classe Cod Exc Clube Tempo final Pts

Infantis B

1. Hugo Leitao, CONDON	10			Naval de Faro	<b>5:22.46</b>	285
50m: 36.99 36.99	150m: 1:59.17 41.04	250m: 3:22.04 41.90	350m: 4:44.46 40.74			
100m: 1:18.13 41.14	200m: 2:40.14 40.97	300m: 4:03.72 41.68	400m: 5:22.46 38.00			
2. Francisco Jose, TEIXEIRA	10			Louletano / Loule Concelho	<b>5:30.87</b>	263
50m: 37.23 37.23	150m: 2:02.24 43.27	250m: 3:27.65 42.24	350m: 4:50.18 40.02			
100m: 1:18.97 41.74	200m: 2:45.41 43.17	300m: 4:10.16 42.51	400m: 5:30.87 40.69			
3. Mark, KHALADZY	10			Lagoa AC	<b>5:31.60</b>	262
50m: 36.32 36.32	150m: 2:00.01 42.09	250m: 3:25.19 42.81	350m: 4:51.03 42.82			
100m: 1:17.92 41.60	200m: 2:42.38 42.37	300m: 4:08.21 43.02	400m: 5:31.60 40.57			
4. Rodrigo Ferreira, PLACIDO	10			Naval de Faro	<b>5:37.25</b>	249
50m: 37.32 37.32	150m: 2:03.39 43.59	250m:	350m: 4:55.99			
100m: 1:19.80 42.48	200m: 2:46.80 43.41	300m:	400m: 5:37.25 41.26			
5. Afonso Ferreira, ALMEIDA	10			Lagoa AC	<b>5:51.60</b>	219
50m: 39.63 39.63	150m: 2:09.25 45.69	250m: 3:40.24 45.18	350m: 5:10.29 45.27			
100m: 1:23.56 43.93	200m: 2:55.06 45.81	300m: 4:25.02 44.78	400m: 5:51.60 41.31			
6. Cristiano, CHISTOL	10			Louletano / Loule Concelho	<b>6:05.70</b>	195
50m: 40.73 40.73	150m: 3:01.78 1:33.80	250m: 4:34.26 46.49	350m:			
100m: 1:27.98 47.25	200m: 3:47.77 45.99	300m:	400m: 6:05.70			
7. Santiago Agostinho, ALMEIDA	10			Louletano / Loule Concelho	<b>6:14.62</b>	181
50m: 38.99 38.99	150m: 2:16.47 49.23	250m: 3:54.59 48.90	350m: 5:32.32 47.71			
100m: 1:27.24 48.25	200m: 3:05.69 49.22	300m: 4:44.61 50.02	400m: 6:14.62 42.30			

Infantis A

1. Joao Tomas, NUNES	09			Natacao de Olhao	<b>5:01.53</b>	348
50m: 35.12 35.12	150m: 1:51.26 38.05	250m: 3:08.78 38.38	350m: 4:24.52 37.89			
100m: 1:13.21 38.09	200m: 2:30.40 39.14	300m: 3:46.63 37.85	400m: 5:01.53 37.01			
2. Tiago Afonso, COSTA	09			Louletano / Loule Concelho	<b>5:07.59</b>	328
50m: 34.06 34.06	150m: 1:50.86 38.95	250m: 3:09.26 39.26	350m: 4:27.65 39.17			
100m: 1:11.91 37.85	200m: 2:30.00 39.14	300m: 3:48.48 39.22	400m: 5:07.59 39.94			
3. Lev, SURGUCH	09			Portinado	<b>5:16.18</b>	302
50m: 35.11 35.11	150m: 1:54.57 39.88	250m: 3:15.40 40.41	350m: 4:36.74 40.98			
100m: 1:14.69 39.58	200m: 2:34.99 40.42	300m: 3:55.76 40.36	400m: 5:16.18 39.44			
4. Mateus Inacio, SILVA	09			Portinado	<b>5:24.19</b>	280
50m: 34.31 34.31	150m: 1:56.87 42.50	250m: 3:21.22 42.03	350m: 4:43.63 40.34			
100m: 1:14.37 40.06	200m: 2:39.19 42.32	300m: 4:03.29 42.07	400m: 5:24.19 40.56			
5. Rafael Alexandre, SILVA	09			Louletano / Loule Concelho	<b>5:24.74</b>	279
50m: 34.56 34.56	150m: 1:57.87 41.69	250m: 3:21.52 42.22	350m: 4:45.59 42.55			
100m: 1:16.18 41.62	200m: 2:39.30 41.43	300m: 4:03.04 41.52	400m: 5:24.74 39.15			
6. Tiago Goncalves, SOUSA	09			Louletano / Loule Concelho	<b>5:32.68</b>	259
50m: 35.68 35.68	150m: 1:59.65 42.81	250m: 3:25.23 42.73	350m: 4:51.71 43.04			
100m: 1:16.84 41.16	200m: 2:42.50 42.85	300m: 4:08.67 43.44	400m: 5:32.68 40.97			
7. Catalin, TIMOTIN	09			Louletano / Loule Concelho	<b>5:32.96</b>	259
50m: 35.83 35.83	150m: 1:59.44 42.50	250m: 3:25.27 43.06	350m: 4:51.86 43.24			
100m: 1:16.94 41.11	200m: 2:42.21 42.77	300m: 4:08.62 43.35	400m: 5:32.96 41.10			

Torneio de Inverno de Inf. Juv. Jun. Sen  
Olhão, 18 - 19/2/2023

Prova 7, Masc., 400m Livres, Infantis A

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	Pts
8.	Micael Joao, SANTOS	09			Natacao de Lagos	<b>5:50.45</b>	222
	50m: 37.03 37.03	150m:			250m: 4:23.43 1:34.17	350m:	
	100m: 1:19.87 42.84	200m: 2:49.26			300m:	400m: 5:50.45	

Juvenis B

1.	Diogo Jose, MATEUS	08			Lagoa AC	<b>4:44.30</b>	416
	50m: 30.80 30.80	150m: 1:43.81 36.61			250m: 2:57.22 37.27	350m: 4:11.22 36.85	
	100m: 1:07.20 36.40	200m: 2:19.95 36.14			300m: 3:34.37 37.15	400m: 4:44.30 33.08	
2.	Georgi Stoyanov, ZELENGOROV	08			Natacao de Lagos	<b>5:19.55</b>	293
	50m: 35.48 35.48	150m:			250m: 3:18.61	350m: 4:41.01 41.16	
	100m: 1:15.48 40.00	200m:			300m: 3:59.85 41.24	400m: 5:19.55 38.54	
3.	Enzo Leon, COUTINHO	08			Natacao de Olhao	<b>5:22.10</b>	286
	50m: 35.28 35.28	150m: 1:57.75 42.74			250m: 3:22.94 42.98	350m: 4:44.17 38.86	
	100m: 1:15.01 39.73	200m: 2:39.96 42.21			300m: 4:05.31 42.37	400m: 5:22.10 37.93	
4.	Gabriel, VASIAN	08			Louletano / Loule Concelho	<b>5:23.25</b>	283
	50m: 34.93 34.93	150m: 1:57.40 41.69			250m:	350m: 4:43.66 41.24	
	100m: 1:15.71 40.78	200m: 2:39.19 41.79			300m: 4:02.42	400m: 5:23.25 39.59	
5.	Rafael Neves, PITEIRA	08			Naval de Faro	<b>5:54.38</b>	214
	50m: 36.60 36.60	150m:			250m: 3:35.21 46.87	350m: 5:09.06 47.11	
	100m: 1:18.74 42.14	200m: 2:48.34			300m: 4:21.95 46.74	400m: 5:54.38 45.32	

Juvenis A

1.	Joao Valente, MARTINS	07			Louletano / Loule Concelho	<b>4:28.25</b>	495
	50m: 29.54 29.54	150m: 1:35.19 33.04			250m: 2:43.60 34.45	350m: 3:54.82 35.63	
	100m: 1:02.15 32.61	200m: 2:09.15 33.96			300m: 3:19.19 35.59	400m: 4:28.25 33.43	
2.	Tiago Miguel, COSTA	07			Portinado	<b>4:30.12</b>	485
	50m: 29.47 29.47	150m: 1:36.00 33.99			250m:	350m: 3:55.88	
	100m: 1:02.01 32.54	200m: 2:10.56 34.56			300m:	400m: 4:30.12 34.24	
3.	David Martins, CARMO	07			Natacao de Olhao	<b>4:41.12</b>	430
	50m: 31.46 31.46	150m: 1:40.99 35.30			250m: 2:53.18 36.38	350m: 4:05.69 36.33	
	100m: 1:05.69 34.23	200m: 2:16.80 35.81			300m: 3:29.36 36.18	400m: 4:41.12 35.43	
4.	Dario Rafael, OLIVEIRA	07			Portinado	<b>4:43.73</b>	418
	50m: 31.27 31.27	150m: 1:40.25 34.95			250m:	350m:	
	100m: 1:05.30 34.03	200m: 2:16.03 35.78			300m:	400m: 4:43.73	
5.	David Luis, SEABRA	07			Nautico do Guadiana	<b>4:56.88</b>	365
	50m: 32.40 32.40	150m: 1:46.38 37.64			250m: 3:03.89 39.23	350m: 4:21.29 38.43	
	100m: 1:08.74 36.34	200m: 2:24.66 38.28			300m: 3:42.86 38.97	400m: 4:56.88 35.59	

Juniores

1.	Marin, CEPELEAGA	05			Portinado	<b>4:20.45</b>	541
	50m: 29.09 29.09	150m: 1:32.00 32.04			250m: 2:38.16 33.39	350m: 3:46.87 34.70	
	100m: 59.96 30.87	200m: 2:04.77 32.77			300m: 3:12.17 34.01	400m: 4:20.45 33.58	
2.	Pedro Sousa, GONCALVES	06			Natacao de Olhao	<b>4:29.06</b>	490
	50m: 29.25 29.25	150m: 1:34.30 33.31			250m: 2:44.07 35.29	350m: 3:54.99 35.40	
	100m: 1:00.99 31.74	200m: 2:08.78 34.48			300m: 3:19.59 35.52	400m: 4:29.06 34.07	
3.	Joao Daniel, RICARDO	05			Beja	<b>4:30.52</b>	482
	50m: 28.57 28.57	150m: 1:36.70 34.39			250m: 2:45.92 34.70	350m: 3:56.16 34.94	
	100m: 1:02.31 33.74	200m: 2:11.22 34.52			300m: 3:21.22 35.30	400m: 4:30.52 34.36	
4.	Guilherme Salvador, CHAVECA	05			Portinado	<b>4:33.23</b>	468
	50m: 30.00 30.00	150m: 1:36.09 33.95			250m: 2:46.63 35.63	350m: 3:57.90 35.89	
	100m: 1:02.14 32.14	200m: 2:11.00 34.91			300m: 3:22.01 35.38	400m: 4:33.23 35.33	

Torneio de Inverno de Inf. Juv. Jun. Sen  
Olhão, 18 - 19/2/2023

Prova 7, Masc., 400m Livres, Juniores

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	Pts
5.	Vicente Henriques, VAZ	05			Natacao de Olhao	<b>4:41.76</b>	427
	50m: 30.14 30.14	150m: 1:41.22	36.06	250m: 2:55.37	37.36	350m: 4:07.49	35.38
	100m: 1:05.16 35.02	200m: 2:18.01	36.79	300m: 3:32.11	36.74	400m: 4:41.76	34.27
6.	Hugo Miguel, INACIO	05			Beja	<b>4:44.40</b>	415
	50m: 31.51 31.51	150m:		250m: 2:55.11	36.64	350m: 4:09.96	37.56
	100m: 1:06.39 34.88	200m: 2:18.47		300m: 3:32.40	37.29	400m: 4:44.40	34.44
7.	Francisco Pereira, TAVARES	05			Lagoa AC	<b>5:47.76</b>	227
	50m: 35.39 35.39	150m:		250m:		350m: 5:04.30	45.75
	100m: 1:16.43 41.04	200m: 2:45.67		300m: 4:18.55		400m: 5:47.76	43.46

Seniores

1.	Hugo Miguel, VIEGAS	02			Natacao de Olhao	<b>4:13.22</b>	588
	50m: 28.11 28.11	150m: 1:31.27	32.17	250m: 2:35.67	32.17	350m: 3:40.75	32.49
	100m: 59.10 30.99	200m: 2:03.50	32.23	300m: 3:08.26	32.59	400m: 4:13.22	32.47
2.	Vasco Andre, BARROSAO	04			Portinado	<b>4:53.99</b>	376
	50m: 31.53 31.53	150m: 1:43.98	36.88	250m: 2:59.22	38.01	350m: 4:16.33	38.76
	100m: 1:07.10 35.57	200m: 2:21.21	37.23	300m: 3:37.57	38.35	400m: 4:53.99	37.66