

Torneio de Inverno de Inf. Juv. Jun. Sen
Olhão, 18 - 19/2/2023

Prova 8 Femin., 400m Estilos 12 anos e mais velhos
18/02/2023 - 18:07 Resultados

Recordes Regionais Absoluto	4:49.84	Ana Beatriz, PEREIRA	LDC	S. Antonio Cavaleiros	20/12/2009
Recordes Regionais Sen	4:49.84	Ana Beatriz, PEREIRA	LDC	S. Antonio Cavaleiros	20/12/2009
Recordes Regionais JUn. 2	5:03.46	Marta Pereira, ABREU	CNFA	Tavira	22/11/2008
Recordes Regionais Jun. 1	5:01.37	Marta Pereira, ABREU	LDC	Silves	22/12/2007
Recordes Regionais Juv A	5:09.17	Laura Fabiana, ESTEVENS	CNO	Sines	06/12/2019
Recordes Regionais Juv B	5:11.38	Laura Fabiana, ESTEVENS	CNOL	Silves	16/03/2019
Recordes Regionais Inf. A	5:23.83	Laura Fabiana, ESTEVENS	CNOL	Albufeira	05/05/2018
Recordes Regionais Inf. B	5:41.75	Carolina Maeiro, AUGUSTO	CNOL	Sto António Cavaleiros	16/03/2012

Pontos: FINA 2022

Lugar Nome do nadador Ano Classe Cod Exc Clube Tempo final Pts

Infantis A

1. Constanca Lourenco, AZEVEDO	10			Lagoa AC	5:46.30	418					
50m:	37.27	37.27	150m:	2:04.54	43.19	250m:	3:38.02	50.32	350m:	5:07.80	40.72
100m:	1:21.35	44.08	200m:	2:47.70	43.16	300m:	4:27.08	49.06	400m:	5:46.30	38.50
2. Violeta Reis, PETERSSON	10			Naval de Faro	6:13.26	333					
50m:	39.19	39.19	150m:			250m:	3:51.52	55.28	350m:		
100m:	1:29.04	49.85	200m:	2:56.24		300m:	4:47.14	55.62	400m:	6:13.26	

Juvenis B

1. Margarida Santos, JESUS	09			Natacao de Olhao	5:43.83	427					
50m:	37.13	37.13	150m:	2:03.67	42.73	250m:	3:35.99	49.96	350m:	5:06.01	39.60
100m:	1:20.94	43.81	200m:	2:46.03	42.36	300m:	4:26.41	50.42	400m:	5:43.83	37.82

Juvenis A

1. Renata, Renata ILICIUC	08			Louletano / Loule Concelho	6:13.74	332					
50m:	39.43	39.43	150m:	2:14.96	48.70	250m:	3:53.68	53.31	350m:	5:31.42	44.09
100m:	1:26.26	46.83	200m:	3:00.37	45.41	300m:	4:47.33	53.65	400m:	6:13.74	42.32

Juniores

1. Mia Alena, WERUM	07			Lagoa AC	5:42.12	433					
50m:	37.10	37.10	150m:	2:04.83	43.16	250m:	3:37.39	49.61	350m:	5:05.06	37.68
100m:	1:21.67	44.57	200m:	2:47.78	42.95	300m:	4:27.38	49.99	400m:	5:42.12	37.06

Seniores

1. Laura Fabiana, ESTEVENS	05			Naval de Faro	5:10.31	581					
50m:	33.38	33.38	150m:	1:53.19	42.38	250m:	3:17.06	42.36	350m:	4:36.73	36.25
100m:	1:10.81	37.43	200m:	2:34.70	41.51	300m:	4:00.48	43.42	400m:	5:10.31	33.58