

Campeonato Regional de Inverno - Infantis  
Silves, 11 - 12/3/2023

Prova 15 Masc., 400m Livres Infantis  
12/03/2023 - 9:30 Resultados

Recordes Regionais Absoluto	3:57.59	Nathan Keith, Theodoris	LDC	Porto	12/12/2015
Recordes Regionais Inf. A	4:19.82	Joao Duarte, Santos	CNOL	Pinhal Novo	07/03/2009
Recordes Regionais Inf. B	4:37.22	Jose Miguel, Rodeia	CNFA	Sines	08/04/2017

Pontos: FINA 2022

Lugar			Ano			Tempo final			Pts
<b>Infantis B</b>									
1.	Hugo Leitao, Condon		10	Naval de Faro		<b>5:14.85</b>			306
	50m:	36.33 36.33	150m:	1:57.42 40.38	250m:	3:17.86 40.24	350m:	4:37.96 39.15	
	100m:	1:17.04 40.71	200m:	2:37.62 40.20	300m:	3:58.81 40.95	400m:	5:14.85 36.89	
2.	Albert, Luca		10	Aquatico Silves		<b>5:19.22</b>			293
	50m:	34.97 34.97	150m:	1:54.98 40.71	250m:	3:16.76 40.71	350m:	4:39.71 41.45	
	100m:	1:14.27 39.30	200m:	2:36.05 41.07	300m:	3:58.26 41.50	400m:	5:19.22 39.51	
3.	Alexandre Ribeiro, Mendonca		10	Portinado		<b>5:20.55</b>			290
	50m:	36.40 36.40	150m:	1:58.99 42.28	250m:	3:22.84 41.70	350m:	4:44.61 40.03	
	100m:	1:16.71 40.31	200m:	2:41.14 42.15	300m:	4:04.58 41.74	400m:	5:20.55 35.94	
4.	Rodrigo Ferreira, Placido		10	Naval de Faro		<b>5:36.97</b>			249
	50m:	36.27 36.27	150m:	2:01.54 43.44	250m:	3:28.32 43.77	350m:	4:55.45 43.14	
	100m:	1:18.10 41.83	200m:	2:44.55 43.01	300m:	4:12.31 43.99	400m:	5:36.97 41.52	
5.	Cristiano, Chistol		10	Louletano / Loule Concelho		<b>5:49.23</b>			224
	50m:	38.52 38.52	150m:	2:06.07 44.31	250m:	3:35.30 44.77	350m:	5:05.32 44.62	
	100m:	1:21.76 43.24	200m:	2:50.53 44.46	300m:	4:20.70 45.40	400m:	5:49.23 43.91	
6.	Afonso Ferreira, Almeida		10	Lagoa Academico Clube		<b>5:56.59</b>			210
	50m:	40.56 40.56	150m:	2:10.67 45.70	250m:	3:42.65 46.37	350m:	5:13.56 45.69	
	100m:	1:24.97 44.41	200m:	2:56.28 45.61	300m:	4:27.87 45.22	400m:	5:56.59 43.03	
7.	Nazar, Skilskyy		10	FC Ferreiras/AlgarExperience		<b>6:11.21</b>			186
	50m:	39.76 39.76	150m:	2:13.67 47.31	250m:	3:48.95 47.99	350m:	5:24.27 47.57	
	100m:	1:26.36 46.60	200m:	3:00.96 47.29	300m:	4:36.70 47.75	400m:	6:11.21 46.94	
<b>Infantis A</b>									
1.	Joao Tomas, Nunes		09	Natacao de Olhao		<b>4:53.93</b>			376
	50m:	34.40 34.40	150m:	1:49.64 37.69	250m:	3:06.39 38.26	350m:	4:20.25 36.46	
	100m:	1:11.95 37.55	200m:	2:28.13 38.49	300m:	3:43.79 37.40	400m:	4:53.93 33.68	
2.	Diogo Filipe, Cardoso		09	Natacao de Olhao		<b>4:54.28</b>			375
	50m:	34.38 34.38	150m:	1:50.16 37.87	250m:	3:06.81 38.26	350m:	4:20.53 36.36	
	100m:	1:12.29 37.91	200m:	2:28.55 38.39	300m:	3:44.17 37.36	400m:	4:54.28 33.75	
3.	Luis Pedro, Pinto		09	Beja		<b>5:11.25</b>			317
	50m:	35.23 35.23	150m:	1:54.94 40.62	250m:	3:16.14 40.78	350m:	4:34.28 37.92	
	100m:	1:14.32 39.09	200m:	2:35.36 40.42	300m:	3:56.36 40.22	400m:	5:11.25 36.97	
4.	Tomas Santos, Miguel		09	Aquatico Silves		<b>5:21.01</b>			289
	50m:	36.16 36.16	150m:	1:59.25 41.98	250m:	3:21.10 40.52	350m:	4:40.40 39.68	
	100m:	1:17.27 41.11	200m:	2:40.58 41.33	300m:	4:00.72 39.62	400m:	5:21.01 40.61	
5.	Francisco Antonio, Romao		09	Naval de Faro		<b>5:23.52</b>			282
	50m:	34.79 34.79	150m:	1:55.96 41.54	250m:	3:20.00 42.44	350m:	4:44.90 42.19	
	100m:	1:14.42 39.63	200m:	2:37.56 41.60	300m:	4:02.71 42.71	400m:	5:23.52 38.62	
6.	Simao Charneca, Soares		09	Natacao de Olhao		<b>5:33.11</b>			258
	50m:	35.85 35.85	150m:	1:57.82 41.57	250m:	3:24.93 43.52	350m:	4:52.13 43.27	
	100m:	1:16.25 40.40	200m:	2:41.41 43.59	300m:	4:08.86 43.93	400m:	5:33.11 40.98	
7.	Isaac Manuel, Serra		09	Nautico do Guadiana		<b>5:37.47</b>			248
	50m:	36.72 36.72	150m:	2:01.49 43.76	250m:	3:28.80 44.41	350m:	4:56.98 43.65	
	100m:	1:17.73 41.01	200m:	2:44.39 42.90	300m:	4:13.33 44.53	400m:	5:37.47 40.49	
EXH	Yago, Ramos Ferreira		10	Club Natacion Pedrera		<b>5:22.58</b>			284
	50m:	37.73 37.73	150m:	2:01.08 41.45	250m:	3:24.60 41.27	350m:	4:44.42 39.52	
	100m:	1:19.63 41.90	200m:	2:43.33 42.25	300m:	4:04.90 40.30	400m:	5:22.58 38.16	