

Campeonato Regional de Clubes
Tavira, 22 - 23/4/2023

Prova 45

Femin., 400m Livres

Infantis

23/04/2023 - 11:26

Resultados

Recordes Regionais Absoluto	4:19.78	Sara Alexandra, MADEIRA	LDC	Sines	20/12/2008
Recordes Regionais Inf. A	4:41.06	Cat�a Raquel, MARTINHEIRA	SALG	Abrantes	05/04/2008
Recordes Regionais Inf. B	4:47.32	Carolina Silva, GODINHO	CNFA	Olhao	21/10/2007

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts
1.	Carolina Melo, LOPES		10	Portinado				5:02.90	
	50m:	33.12 33.12	150m:	1:49.82	38.89	250m:	3:08.52 39.11	350m:	4:26.33 39.01
	100m:	1:10.93 37.81	200m:	2:29.41	39.59	300m:	3:47.32 38.80	400m:	5:02.90 36.57
2.	Sira Valentim, FALEIRO		10	Aquatico Silves				5:38.42	
	50m:	36.63 36.63	150m:	2:02.17	43.43	250m:	3:29.73 43.38	350m:	4:57.40 44.03
	100m:	1:18.74 42.11	200m:	2:46.35	44.18	300m:	4:13.37 43.64	400m:	5:38.42 41.02
3.	Ines Patricio, FELIX		10	Portinado				6:00.59	
	50m:	39.44 39.44	150m:	2:11.13	46.46	250m:	3:44.67 46.99	350m:	5:18.02 46.41
	100m:	1:24.67 45.23	200m:	2:57.68	46.55	300m:	4:31.61 46.94	400m:	6:00.59 42.57
4.	Gloria Alves, FAVINHA		10	Aquatico Silves				6:02.74	
	50m:	39.75 39.75	150m:	2:10.75	45.92	250m:	3:45.53 47.45	350m:	5:20.37 47.23
	100m:	1:24.83 45.08	200m:	2:58.08	47.33	300m:	4:33.14 47.61	400m:	6:02.74 42.37
5.	Bruna Catarina, GUERREIRO		10	Louletano / Loule Concelho				6:11.65	
	50m:	38.72 38.72	150m:	2:09.48	47.08	250m:	3:46.53 48.79	350m:	5:24.74 49.42
	100m:	1:22.40 43.68	200m:	2:57.74	48.26	300m:	4:35.32 48.79	400m:	6:11.65 46.91
6.	Zoe Leitao, CONDON		11	Naval de Faro				6:22.00	
	50m:	40.08 40.08	150m:	2:17.05	49.69	250m:	3:55.36 49.17	350m:	5:32.90 48.41
	100m:	1:27.36 47.28	200m:	3:06.19	49.14	300m:	4:44.49 49.13	400m:	6:22.00 49.10