

Torneio de Primavera_Catg_Adap_Masters
Silves, 6 - 7/5/2023

Prova 26 Masc., 400m Livres 13 anos e mais velhos
06/05/2023 - 18:26 Resultados

Recordes Regionais Absoluto	3:57.59	Nathan Keith, THEODORIS	LDC	Porto	12/12/2015
Recordes Regionais Sen	3:55.02	Miguel Martins, PIRES	LDC	Felgueiras	22/11/2002
Recordes Regionais Jun 2	4:01.65	Joao Duarte, SANTOS	CNOL	S. Antonio Cavaleiros	21/12/2012
Recordes Regionais Jun 1	4:05.34	Joao Duarte, SANTOS	CNOL	Silves	03/12/2011
Recordes Regionais Juv A	4:10.23	Tiago Miguel, VILHENA	SANALG	Abrantes	04/03/2017
Recordes Regionais Juv B	4:09.85	Tiago Miguel, VILHENA	CNFA	Setubal	05/12/2015
Recordes Regionais 14	4:19.82	Joao Duarte, SANTOS	CNOL	Pinhal Novo	07/03/2009
Recordes Regionais 13	4:37.22	Jose Miguel, RODEIA	CNFA	Sines	08/04/2017
Rec Nac Adaptada S6	5:22.26	Daniel Carlos, VIDEIRA	GESL	Guarda	17/02/2019
Rec Nac Adaptada S7	5:26.37	Daniel Carlos, VIDEIRA	GESL	Vila Franca de Xira	04/02/2018
Rec Nac Adaptada S14	4:46.94	Samuel Lima, DUARTE	FVCD	Santa Maria da Feira	21/01/2023
Rec Nac Adaptada S17	5:28.05	Joaquim Eduardo, CARVALHO	CNF	Funchal	10/07/2022
Rec Nac Adaptada S21	5:44.53	Andre Reis, ALMEIDA	SCP	Abrantes	02/07/2022

Pontos: FINA 2022

Lugar Nome do nadador Ano Classe Cod Exc Clube Tempo final IPC Pts

Juvenis B

1. Santiago Ganso, PERDIGAO	08				Lagoa AC	4:29.77	487
50m: 30.87 30.87	150m: 1:38.05 33.96	250m: 2:47.13 34.47	350m: 3:56.49 34.37	100m: 1:04.09 33.22	200m: 2:12.66 34.61	300m: 3:22.12 34.99	400m: 4:29.77 33.28
2. Eugenio, PASECHKO	08				Natacao de Lagos	4:38.15	444
50m: 31.45 31.45	150m: 1:41.26 35.29	250m: 2:52.25 35.37	350m: 4:03.76 35.72	100m: 1:05.97 34.52	200m: 2:16.88 35.62	300m: 3:28.04 35.79	400m: 4:38.15 34.39
3. Joao Terceiro, LOPES	08				Portinado	4:42.57	423
50m: 31.55 31.55	150m: 1:42.29 35.74	250m: 2:54.95 36.22	350m: 4:08.64 36.93	100m: 1:06.55 35.00	200m: 2:18.73 36.44	300m: 3:31.71 36.76	400m: 4:42.57 33.93
4. Nestor, KUNYK	08				Lagoa AC	4:45.54	410
50m: 32.20 32.20	150m: 1:44.53 36.71	250m: 2:58.16 36.93	350m: 4:11.34 36.03	100m: 1:07.82 35.62	200m: 2:21.23 36.70	300m: 3:35.31 37.15	400m: 4:45.54 34.20
5. Gabriel Correia, BAIÃO	08				Lagoa AC	4:49.57	393
50m: 33.39 33.39	150m: 1:46.60 36.84	250m: 3:00.87 36.81	350m: 4:13.91 35.98	100m: 1:09.76 36.37	200m: 2:24.06 37.46	300m: 3:37.93 37.06	400m: 4:49.57 35.66
6. Diogo Jose, MATEUS	08				Lagoa AC	4:51.46	386
50m: 32.00 32.00	150m: 1:43.73 36.54	250m: 2:58.78 37.59	350m: 4:15.66 38.74	100m: 1:07.19 35.19	200m: 2:21.19 37.46	300m: 3:36.92 38.14	400m: 4:51.46 35.80
7. Martim Schneider, DIOGO	08				Naval de Faro	5:42.46	238
50m: 36.25 36.25	150m: 1:58.26 42.38	250m: 3:28.65 45.71	350m: 4:58.94 44.96	100m: 1:15.88 39.63	200m: 2:42.94 44.68	300m: 4:13.98 45.33	400m: 5:42.46 43.52
8. Rafael Neves, PITEIRA	08				Naval de Faro	5:47.52	227
50m: 38.26 38.26	150m: 2:06.38 43.93	250m: 3:35.69 44.95	350m: 5:05.01 43.37	100m: 1:22.45 44.19	200m: 2:50.74 44.36	300m: 4:21.64 45.95	400m: 5:47.52 42.51

Juvenis A

1. Tiago Miguel, COSTA	07				Portinado	4:28.95	491
50m: 30.34 30.34	150m: 1:38.01 34.22	250m: 2:47.31 34.48	350m: 3:56.33 34.13	100m: 1:03.79 33.45	200m: 2:12.83 34.82	300m: 3:22.20 34.89	400m: 4:28.95 32.62
2. David Luis, SEABRA	07				Nautico do Guadiana	4:49.62	393
50m: 31.95 31.95	150m: 1:44.89 36.98	250m: 3:00.12 37.74	350m: 4:16.25 37.54	100m: 1:07.91 35.96	200m: 2:22.38 37.49	300m: 3:38.71 38.59	400m: 4:49.62 33.37
3. Yehor, SHANDITSEV	07				Nautico do Guadiana	5:09.22	323
50m: 33.61 33.61	150m: 1:48.53 37.85	250m: 3:07.20 39.76	350m: 4:28.67 40.41	100m: 1:10.68 37.07	200m: 2:27.44 38.91	300m: 3:48.26 41.06	400m: 5:09.22 40.55

Torneio de Primavera_Catg_Adap_Masters
Silves, 6 - 7/5/2023

Prova 26, Masc., 400m Livres

Juniores

1. Artur Osorio, BONANCA	05			Naval de Faro	4:28.59	493
50m: 28.87 28.87	150m: 1:36.94 35.21	250m: 2:47.92 35.35	350m: 3:57.07 33.84			
100m: 1:01.73 32.86	200m: 2:12.57 35.63	300m: 3:23.23 35.31	400m: 4:28.59 31.52			
2. Vitor, KUNYK	05			Lagoa AC	4:30.27	484
50m: 30.68 30.68	150m: 1:38.78 34.38	250m: 2:48.68 35.10	350m: 3:58.20 34.78			
100m: 1:04.40 33.72	200m: 2:13.58 34.80	300m: 3:23.42 34.74	400m: 4:30.27 32.07			
3. Francisco Reis, MAGUAS	06			Desportivo de Odemira	4:55.55	370
50m: 33.14 33.14	150m: 1:46.51 37.26	250m: 3:02.51 38.46	350m: 4:18.19 38.17			
100m: 1:09.25 36.11	200m: 2:24.05 37.54	300m: 3:40.02 37.51	400m: 4:55.55 37.36			

Seniores

1. Antonio Correia, NEVES	03			Desportivo de Odemira	4:43.17	421
50m: 31.75 31.75	150m: 1:42.28 35.64	250m: 2:54.53 36.53	350m: 4:08.93 37.15			
100m: 1:06.64 34.89	200m: 2:18.00 35.72	300m: 3:31.78 37.25	400m: 4:43.17 34.24			

Classes - S1-S14 - Seniores

1. Levi Daniel, NASCIMENTO	99	S14		O2-Portimao	6:00.16	204
50m: 38.49 38.49	150m: 2:07.25 45.28	250m: 3:39.35 46.23	350m: 5:13.52 47.44			
100m: 1:21.97 43.48	200m: 2:53.12 45.87	300m: 4:26.08 46.73	400m: 6:00.16 46.64			