

Torneio de Primavera_Catg_Adap_Masters
Silves, 6 - 7/5/2023

Prova 5 Femin., 1500m Livres 13 anos e mais velhos
06/05/2023 - 15:55 Resultados

Recordes Regionais Absoluto	17:45.07	Catia Raquel, MARTINHEIRA	LDC	Albufeira	27/02/2011
Recordes Regionais Sen	17:50.29	Carolina Pereira, VIANA	ACS	Silves	06/11/2021
Recordes Regionais Jun 2	18:05.48	Laura Fabiana, ESTEVENS	GCNF	Olhão	23/10/2021
Recordes Regionais Jun1	17:45.07	Catia Raquel, MARTINHEIRA	LDC	Albufeira	27/02/2011
Recordes Regionais Juv A	18:17.35	Catia Raquel, MARTINHEIRA	LDC	Faro	25/10/2009
Recordes Regionais Juv B	18:30.77	Laura Fabiana, ESTEVENS	CNOL	Albufeira	02/02/2019
Recordes Regionais 13	19:39.42	Ana Teresa, ROMAO	LDC	Silves	16/03/2019
Rec Nac Adaptada S14	26:51.73	Diana Vieira, SIMOES	SCA	Mealhada	19/02/2017
Rec Nac Adaptada S17	59:00.00	start,			
Rec Nac Adaptada S21	27:24.15	Filipa Sa, REIS	POR	Albufeira	22/10/2022

Pontos: FINA 2022

Lugar Nome do nadador Ano Classe Cod Exc Clube Tempo final IPC Pts

Juvenis B

1. Margarida Santos, JESUS	09		Natacao de Olhao	19:31.98	480
100m: 1:10.64 1:10.64	500m: 6:16.82 1:17.79	900m: 11:30.53 1:18.23	1300m: 16:50.78 1:20.64		
200m: 2:26.65 1:16.01	600m: 7:34.91 1:18.09	1000m: 12:50.37 1:19.84	1400m: 18:12.77 1:21.99		
300m: 3:42.64 1:15.99	700m: 8:53.57 1:18.66	1100m: 14:08.81 1:18.44	1500m: 19:31.98 1:19.21		
400m: 4:59.03 1:16.39	800m: 10:12.30 1:18.73	1200m: 15:30.14 1:21.33			
2. Leonor Martins, COSTA	09		Natacao de Lagos	20:13.69	432
100m: 1:15.23 1:15.23	500m: 6:38.69 1:20.63	900m: 12:05.59 1:21.96	1300m: 17:34.10 1:21.21		
200m: 2:36.37 1:21.14	600m: 8:00.37 1:21.68	1000m: 13:28.11 1:22.52	1400m: 18:56.23 1:22.13		
300m: 3:57.19 1:20.82	700m: 9:21.93 1:21.56	1100m: 14:49.47 1:21.36	1500m: 20:13.69 1:17.46		
400m: 5:18.06 1:20.87	800m: 10:43.63 1:21.70	1200m: 16:12.89 1:23.42			

Juniores

1. Julia Norte, DRENTJE	07		Louletano / Loule Concelho	19:39.49	471
100m: 1:13.90 1:13.90	500m: 6:26.29 1:18.85	900m: 11:45.28 1:19.87	1300m: 17:07.08 1:20.42		
200m: 2:31.83 1:17.93	600m: 7:45.21 1:18.92	1000m: 13:06.37 1:21.09	1400m: 18:26.37 1:19.29		
300m: 3:49.40 1:17.57	700m: 9:05.13 1:19.92	1100m: 14:26.84 1:20.47	1500m: 19:39.49 1:13.12		
400m: 5:07.44 1:18.04	800m: 10:25.41 1:20.28	1200m: 15:46.66 1:19.82			
2. Mia Alena, WERUM	07		Lagoa AC	20:16.31	429
100m: 1:13.17 1:13.17	500m: 6:35.02 1:22.15	900m: 12:06.05 1:23.05	1300m: 17:34.09 1:21.40		
200m: 2:31.95 1:18.78	600m: 7:57.77 1:22.75	1000m: 13:28.56 1:22.51	1400m: 18:55.95 1:21.86		
300m: 3:51.50 1:19.55	700m: 9:20.42 1:22.65	1100m: 14:50.75 1:22.19	1500m: 20:16.31 1:20.36		
400m: 5:12.87 1:21.37	800m: 10:43.00 1:22.58	1200m: 16:12.69 1:21.94			
3. Joana Santos, CRUZ	06		Naval de Faro	20:39.98	405
100m: 1:15.58 1:15.58	500m: 6:41.20 1:22.14	900m: 12:17.15 1:24.63	1300m: 17:53.60 1:24.96		
200m: 2:36.85 1:21.27	600m: 8:04.59 1:23.39	1000m: 13:40.62 1:23.47	1400m: 19:17.72 1:24.12		
300m: 3:58.38 1:21.53	700m: 9:28.52 1:23.93	1100m: 15:04.96 1:24.34	1500m: 20:39.98 1:22.26		
400m: 5:19.06 1:20.68	800m: 10:52.52 1:24.00	1200m: 16:28.64 1:23.68			

Seniores

1. Joana Lopes, SALGUEIRO	04		Naval de Faro	19:46.31	463
100m: 1:14.78 1:14.78	500m: 6:30.28 1:19.21	900m: 11:50.08 1:19.52	1300m: 17:12.19 1:19.41		
200m: 2:33.57 1:18.79	600m: 7:49.64 1:19.36	1000m: 13:10.75 1:20.67	1400m: 18:31.10 1:18.91		
300m: 3:51.83 1:18.26	700m: 9:09.72 1:20.08	1100m: 14:31.69 1:20.94	1500m: 19:46.31 1:15.21		
400m: 5:11.07 1:19.24	800m: 10:30.56 1:20.84	1200m: 15:52.78 1:21.09			