Prova 18 | Masc., 400m Livres | 25 anos e mais velhos
04/06/2023 - 10:17 | Resultados

RN A(25-29)	4:12.44	Adriano Miguel, NIZ	GDNVNF	Kazan (RUS)	16/08/2015
RN B(30-34)	4:10.56	Adriano Miguel, NIZ	GDNVNF	London (GBR)	27/05/2016
RN C(35-39)	4:18.63	Adriano Miguel, NIZ	GDNFAMA	Rome (ITA)	29/08/2022
RN D(40-44)	4:33.43	Miguel Mendonca, CABRITA	SAD	Évora	05/07/2014
RN E(45-49)	4:27.36	Jose Carlos, FREITAS	CFP	Gotemburgo (SWE)	06/08/2010
RN F(50-54)	4:28.97	Jose Carlos, FREITAS	CFP	Kazan (RUS)	16/08/2015
RN G(55-59)	4:34.69	Jose Carlos, FREITAS	CFP	Loulé	14/07/2018
RN H(60-64)	5:00.64	Jose Carlos, FREITAS	CNLA	Coimbra	26/02/2023
RN I(65-69)	5:51.59	Stephen Thomas, DYSON	INDANL	Reguengos de Monsaraz	30/06/2012
RN J(70-74)	5:53.42	Stephen Thomas, DYSON	SAD	Budapeste (HUN)	20/08/2017
RN K(75-79)	6:31.90	Stephen Thomas, DYSON	SAD	Reguengos de Monsaraz	10/07/2022
RN L(80-84)	9:25.42	Antonio Alexandre, RODRIGUES	AAC	Reguengos de Monsaraz	19/07/2019

Pontos: DSV Masters 22

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
Master B								
1. Bruno Miguel, RUAS	89	Sporting	**4:54.86**	598	1:11.11	1:15.66	1:16.49	1:11.60
50m:		150m:	250m:		350m:			
100m: 1:11.11		200m: 2:26.77	300m: 3:43.26		400m: 4:54.86			
2. Fabio Ornelas, CARVALH(	91	Sporting de Aveiro	**5:20.39**	466	1:12.74	1:19.59	1:22.51	1:25.55
50m:		150m:	250m:		350m:			
100m: 1:12.74		200m: 2:32.33	300m: 3:54.84		400m: 5:20.39			
3. Jose Luis, ARAUJO	93	Amigos da Natacao	**5:31.45**	421	1:16.17	1:25.15	1:28.36	1:21.77
50m:		150m:	250m:		350m:			
100m: 1:16.17		200m: 2:41.32	300m: 4:09.68		400m: 5:31.45			
Master C								
1. Andre Condeco, ALVES	85	RIA Aqua Tavira	**6:00.67**	359	1:18.13	1:32.69	1:35.71	1:34.14
50m:		150m:	250m:		350m:			
100m: 1:18.13		200m: 2:50.82	300m: 4:26.53		400m: 6:00.67			
2. Brian Patrick, FORTUNE	86	O2-Portimao	**6:15.83**	318	1:19.28	1:34.05	1:41.38	1:41.12
50m:		150m:	250m:		350m:			
100m: 1:19.28		200m: 2:53.33	300m: 4:34.71		400m: 6:15.83			
Master D								
1. R., SANTOS	81	Clube Natacao	**5:42.52**	409	1:21.96	1:30.08	1:29.01	1:21.47
50m:		150m:	250m:		350m:			
100m: 1:21.96		200m: 2:52.04	300m: 4:21.05		400m: 5:42.52			
2. Pedro Naia, GONCALVES	80	O2-Portimao	**6:30.57**	276	1:28.87	1:38.97	1:43.39	1:39.34
50m:		150m:	250m:		350m:			
100m: 1:28.87		200m: 3:07.84	300m: 4:51.23		400m: 6:30.57			
3. Bernardo Gaspar, MATOS	80	Desportivo de Odemira	**6:33.62**	269	1:29.56	1:44.43	1:42.76	1:36.87
50m:		150m:	250m:		350m:			
100m: 1:29.56		200m: 3:13.99	300m: 4:56.75		400m: 6:33.62			
Master E								
1. Rui Miguel, DUARTE	75	Naval de Faro	**5:10.45**	562	1:10.09	1:19.01	1:21.43	1:19.92
50m:		150m:	250m:		350m:			
100m: 1:10.09		200m: 2:29.10	300m: 3:50.53		400m: 5:10.45			
2. Ivo Claudino, CALHA	77	Monte Maior	**5:51.14**	388	1:21.53	1:29.67	1:30.28	1:29.66
50m:		150m:	250m:		350m:			
100m: 1:21.53		200m: 2:51.20	300m: 4:21.48		400m: 5:51.14			
3. Joao Filipe, ROMAO	77	Lagoa AC	**6:06.24**	342	1:22.41	1:34.27	1:37.23	1:32.33
50m:		150m:	250m:		350m:			
100m: 1:22.41		200m: 2:56.68	300m: 4:33.91		400m: 6:06.24			
4. Vitor Manuel, PICARRA	77	Beja	**6:42.14**	258	1:36.04	1:45.83	1:44.23	1:36.04
50m:		150m:	250m:		350m:			
100m: 1:36.04		200m: 3:21.87	300m: 5:06.10		400m: 6:42.14			
5. Jose Diogo, BORGES	77	Lagoa AC	**7:13.37**	206	1:33.44	1:48.87	1:57.18	1:53.88
50m:		150m:	250m:		350m:			
100m: 1:33.44		200m: 3:22.31	300m: 5:19.49		400m: 7:13.37			

Prova 18, Masc., 400m Livres

Master F

1.	Paulo Alexandre, SOUSA	72	Lagoa AC	**5:22.72**	567	1:17.26	1:21.44	1:22.77	1:21.25
	50m:		150m:	250m:		350m:			
	100m:	1:17.26	200m: 2:38.70	300m:	4:01.47	400m:	5:22.72		
2.	D., BAPTISTA	73	O2-Portimao	**6:55.11**	266	1:33.63	1:48.37	1:48.70	1:44.41
	50m:		150m:	250m:		350m:			
	100m:	1:33.63	200m: 3:22.00	300m:	5:10.70	400m:	6:55.11		

Master G

1.	Adelino Jose, CASAS	66	Individual ANL	**5:48.94**	496	1:23.70	1:28.48	1:29.38	1:27.38
	50m:		150m:	250m:		350m:			
	100m:	1:23.70	200m: 2:52.18	300m:	4:21.56	400m:	5:48.94		
2.	Gustavo Ferreira, BASTO	67	Galitos / Bresimar	**5:58.30**	458	1:22.10	1:31.15	1:34.12	1:30.93
	50m:		150m:	250m:		350m:			
	100m:	1:22.10	200m: 2:53.25	300m:	4:27.37	400m:	5:58.30		
3.	Jose Salvador, FAUSTINO	68	Portinado	**6:23.81**	373	1:26.23	1:39.15	1:41.36	1:37.07
	50m:		150m:	250m:		350m:			
	100m:	1:26.23	200m: 3:05.38	300m:	4:46.74	400m:	6:23.81		
4.	Jose Alberto, MARCOS	65	Louletano / Loule Concelho	**6:25.12**	369	1:27.59	1:42.24	1:40.55	1:34.74
	50m:		150m:	250m:		350m:			
	100m:	1:27.59	200m: 3:09.83	300m:	4:50.38	400m:	6:25.12		
5.	Jorge Vieira, RIBEIRO	64	Sporting de Aveiro	**6:34.01**	344	1:28.40	1:41.38	1:43.07	1:41.16
	50m:		150m:	250m:		350m:			
	100m:	1:28.40	200m: 3:09.78	300m:	4:52.85	400m:	6:34.01		
6.	Vitor Manuel, GARCIA	68	O2-Portimao	**8:15.24**	173	1:51.64	2:11.37	2:09.86	2:02.37
	50m:		150m:	250m:		350m:			
	100m:	1:51.64	200m: 4:03.01	300m:	6:12.87	400m:	8:15.24		
7.	Hans Dieter, THIEMANN	66	O2-Portimao	**8:22.59**	166	1:49.97	2:10.66	2:12.00	2:09.96
	50m:		150m:	250m:		350m:			
	100m:	1:49.97	200m: 4:00.63	300m:	6:12.63	400m:	8:22.59		
8.	Carlos Sousa, GOMES	65	Portinado	**8:36.16**	153	1:50.49	2:13.35	2:15.31	2:17.01
	50m:		150m:	250m:		350m:			
	100m:	1:50.49	200m: 4:03.84	300m:	6:19.15	400m:	8:36.16		

Master H

1.	Jaime Carlos, BENTO	61	Alges	**5:32.21**	735	1:16.43	1:25.19	1:26.04	1:24.55
	50m:		150m:	250m:		350m:			
	100m:	1:16.43	200m: 2:41.62	300m:	4:07.66	400m:	5:32.21		
2.	J., NASCIMENTO	63	O2-Portimao	**8:52.42**	178	1:54.69	2:19.62	2:19.91	2:18.20
	50m:		150m:	250m:		350m:			
	100m:	1:54.69	200m: 4:14.31	300m:	6:34.22	400m:	8:52.42		

Master I

1.	Vitor Manuel, MAVIOSO	56	Alges	**5:54.44**	697	1:21.36	1:30.32	1:32.38	1:30.38
	50m:		150m:	250m:		350m:			
	100m:	1:21.36	200m: 2:51.68	300m:	4:24.06	400m:	5:54.44		
2.	Manuel Edgar, SOARES	54	O2-Portimao	**7:51.88**	295	1:54.45	2:04.11	2:03.47	1:49.85
	50m:		150m:	250m:		350m:			
	100m:	1:54.45	200m: 3:58.56	300m:	6:02.03	400m:	7:51.88		
3.	Jose Alexandre, RAPOSO	55	Sporting de Aveiro	**8:12.71**	259	1:59.53	2:06.88	2:06.29	2:00.01
	50m:		150m:	250m:		350m:			
	100m:	1:59.53	200m: 4:06.41	300m:	6:12.70	400m:	8:12.71		

EXH	Artur Jorge, ROSA	76	AP Vila Este	**5:37.14**	438	1:23.20	1:27.24	1:24.00	1:22.70
	50m:		150m:	250m:		350m:			
	100m:	1:23.20	200m: 2:50.44	300m:	4:14.44	400m:	5:37.14		